

WEST TEXAS REHABILITATION CENTER

ROUND-UP



a heart for hospice

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MEMBER FDIC



LEADERSHIP LETTER BY STEVE MARTIN, PRESIDENT & CEO



Webster's dictionary defines normalcy as "the condition of being normal; the state of being usual, typical,

or expected." Although nothing about the last five months has been normal, West Texas Rehabilitation Center is slowly getting back to the business of taking care of our patients and doing so regardless of their financial circumstance.

Our Hospice programs, Hospice of San Angelo and Hospice of the Big Country, continued to serve patients 24/7, 7 days a week and remained on the "front lines" going into nursing homes, patient homes and hospitals providing much needed care to our terminally ill patients. Although many of our clinical programs fell to as low as 20% of "normal" volumes, as of May 4th we began to ramp up with all of our employees back at work and we are now achieving patient capacity that is more expected day in and day out at West Texas Rehab.

We had to cancel or move many of our fundraising events, and I certainly want to thank many of our sponsors and underwriters who still donated to these events, such as the Stribling Art Extravaganza and the Spring Chicken

Affair, even though the events were cancelled. We were recently able to hold our Rehab Sporting Clays Classic, though later than scheduled, as well as our Lamb and Goat sale, which was moved from Abilene to the Community of Breckenridge. Both events were records for attendance and for funds raised to support our patients. I think everyone involved was just ready to get out and get back to a sense of normalcy.

Our fundraising events and our Foundation continue to be so important to our patient care. We see over 650 patients each day and at least 1/3 of those patients need some form of assistance from our donors. This number continues to grow and, with the recent and unprecedented growth in our unemployment rate, we are seeing many patients who have lost their benefits or their jobs due to the Coronavirus and have no way to pay for services. This is certainly unusual for these patients, but West Texas Rehab's mission for 67 years has been to take care of everyone, even when life deals them unexpected challenges. Our ability to fulfill our mission is a direct reflection of your support and the support of so many who have come before us.

I would like to thank our Medical Directors and our physician board members who have been meeting regularly to help guide us through a plethora of information and issues; helped us decipher fact from fiction and

proceeded to help us navigate through uncharted waters back to close to what we all have come to expect in our daily operations. Their leadership continues to be so important as we will probably be dealing with concerns relative to COVID-19 for the foreseeable future.

We are still working under some restrictions with staff and patients wearing masks, limiting group classes in our gyms, and our pools remain closed. But, it feels good to see patients walking our hallways again and our clinicians helping them improve their quality of life each day in an effort to help them get back to normal—or maybe to find their new normal.

Thank you all so very much, and know that we are blessed by your kindness, friendship and support. Stay safe and stay well!! ★

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On the Cover

Angie Lane, RN, CHPN
Director, West Texas Rehabilitation Center's Hospice Services
Executive Director, Hospice of the Big Country. *See story, page 5.*



I sure need to get my will done (or re-done). I'll get to that tomorrow...

Wills: The Profound Importance of these Gifts to West Texas Rehabilitation Center

You, the people of West Texas, are more than generous during our annual telethon and other fundraising events, to the point that we exist because of them! Even now, when our nation and world are going through one of its toughest times ever, the folks of West Texas are continuing to come through for us (*our recent Clay Shoot was a resounding success thanks to many of you!*).

However, with all that the telethon raises, even coupled with insurance reimbursements and patient participation and other sources of funds, that amount has never been enough to treat everyone seeking treatment at West Texas Rehab. So, how have we continued to “do what we do”? Well, I’ll tell you: because bequests from wills have filled the gap! Quite literally, and in more ways than one might imagine, gifts received through wills have kept the doors open at West Texas Rehab!

More specifically, gifts from wills have recently been used to:

- Upgrade our facilities
- Help us pay the costs of caring for those for whom West Texas Rehab is their only source for treatment

• And, in those years when circumstances have been most dire for non-profits, it was gifts from wills that had been set aside in an endowment (*which we now call the West Texas Rehabilitation Center Foundation*) that kept us able to keep the doors open.

• Today, it is bequests from wills, along with trusts, that are moving us forward to reach even more patients with the same top of the industry clinicians and cutting edge resources than we ever imagined.

Every month this year the Foundation will write a check to West Texas Rehab to help cover the costs of providing care. This is largely because our friends have included the work of West Texas Rehab in their estate or long term plans, and our trustees have prudently managed those resources. Those funds come from the earnings of the Foundation’s investments. In the years ahead, more people will seek treatment and fewer will have adequate insurance. Without the Foundation, we would either have to find a way to raise an additional \$5.5 million, or treat fewer patients, or reduce the number of services we provide. The two latter options are simply **not options**. We cannot and will not do that to our patients.

To ensure that no one will ever be turned away due to an inability to pay, the Foundation must grow significantly

over the coming years. Gifts to make that possible will come from many different types of donations, but it will be gifts from wills that will help determine our success.

We specialize in helping our friends find ways to make “great things happen for West Texas Rehab every day.” Whether through a will, a life income arrangement, or many other types of planned gifts, let us help you arrive at the best way to accomplish your goals. No cost, no obligation, and our confidential assistance is yours for the asking! ★

NEXT STEPS

Contact Rodger Kennedy at (325) 793-5424 or rkennedy@wtrc.com, or any of our Foundation officers to talk about supporting West Texas Rehab.

Chad Hirt at (325) 277-0442
chirt@wtrc.com

Chuck Rodgers at (325) 669-4139
croddgers@wtrc.com

Jason Weaver at (806) 420-0771
jweaver@wtrc.com

Did you Know?

Nearly 60% of adults in the U.S. don't have a will.

Hearing
is a lifeline to your world.

[We can help you hear more of it]

REHAB | **AUDIOLOGY**
WEST TEXAS REHABILITATION CENTER

[Ask about Bluetooth streaming to hearing aids for phone calls, meetings, music, news, television.]

WestTexasRehab.org/audiology
Abilene 325.793.3490 • San Angelo 325.223.6360

TIM HAMILTON
2020
GOLF CLASSIC
IN MEMORY OF
DEV OHRE

REHAB
WEST TEXAS REHABILITATION CENTER

Hospice
OF THE
BIG COUNTRY

FRIDAY
SEPTEMBER 25, 2020
FAIRWAY OAKS GOLF COURSE
8:30 AM

FOR SPONSORSHIP & TEAM INFO:
KARLA BROWN | 325.793.3507
kbrown@WTRC.com



Angie Lane, RN, CHPN
Director, West Texas Rehabilitation Center's Hospice Services
Executive Director, Hospice of the Big Country

Hospice care before, during and through the pandemic

In early 2020, West Texas Rehabilitation Center and its hospice departments in Abilene and San Angelo were alert to what was happening on the other side of the world. We watched as the novel coronavirus left China and began to infect people in other countries. In anticipation of what might happen in West Texas, West Texas Rehab inventoried and readied its stock of masks, face shields, gloves, gowns, and hair and shoe coverings. Emails went out to all departments of the West Texas Rehab community, and the search for more Personal Protection Equipment (PPE) was on. All departments went to work gathering what would be needed to care for our hospice patients. Team members made hand sanitizer, gathered PPE and cleaning supplies, and had community donors supplying all sorts of things. By the time the virus showed up in West Texas, we were ready.

“It’s the Rehab way,” Angie Lane, Director of both Hospice of San Angelo and Hospice of the Big Country says. “Neighbors helping neighbors. Everyone knew we needed supplies, and everyone did their part to make sure we had them. Rehab definitely took care of the staff while we took care of our patients. Gathering enough PPE for the staff of the two hospices was what Angie calls ‘an all-out effort.’ She credits West Texas Rehab for having “a very clear path of how to keep our patients and staff safe and protected.”

The protocol for patient care meant that all hospice staff – including nurses, aides, chaplains, bereavement counselors, social

workers, and Durable Medical Equipment (DME) – had to wear masks and gloves when going into the homes of hospice patients. When going into nursing facilities or homes of anyone symptom-positive, staff had to wear all components of PPE, including face shields, gowns, and hair and shoe coverings. “Nobody expected to be called to the pandemic, but no one ran from it. We ran toward it,” says Angie. “I’ve been a nurse for 27 years, and I’ve never seen anything like COVID,” Angie says. “It’s a tough situation, especially for our fragile patients at the end of life.”

Death is difficult for a family during normal times, but a death during a pandemic has been especially hard for those who have lost loved ones. Angie talks about how people cannot group together and are unable to spend time with the ones they love. Grandparents are separated from their grandchildren. Folks are unable to travel for funerals to support the ones left behind. And weekly visits to loved ones have all stopped. “People are afraid,” she observes. “The outside world as we know it is halted. People are more alone, and they are grieving alone.”

“What about patients in nursing homes?” she asks. “Patients can’t see their loved ones unless they’re dying. The nursing facilities are doing their best to protect our elderly, but the separation is not something anyone is used to. It’s frustrating and heartbreaking for families.”

“Folks are more alone now in their grief,” she says. “We rely on our bereavement team to give additional support to our bereaved, and they do.”

When asked what she wants everyone to know about the work of Hospice of the Big Country and Hospice of San Angelo, Angie reflects, “In one of the toughest times, when people are at the end of life, we commit to provide great care. Our staff has risen to the occasion and taken ownership of it. We are not going to give up. We are going to continue to provide quality care to every single patient and family and to provide comfort and support throughout their journey. Great things happen at West Texas Rehab Center. Hospice of San Angelo and Hospice of the Big Country are proud to be a part.” ★

For more information about *individual bereavement counseling, support groups, or bereavement activities*, please call:

HOSA Director of Bereavement
Karen Schmeltekopf
325-658-6524

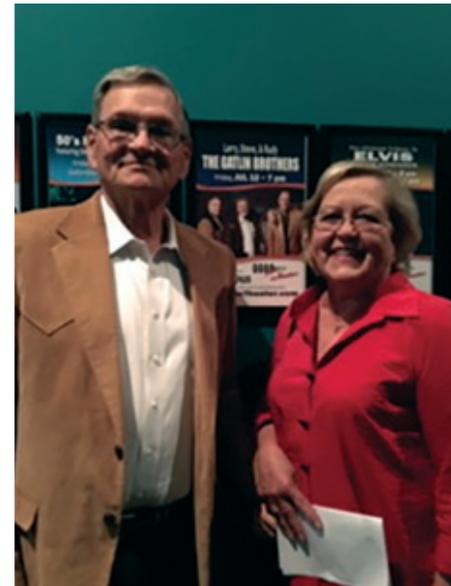
HOBC Bereavement Coordinator
Burt Williams
325-793-5450

For information about *Building Bridges* and bereavement counseling for children and teens, please call:

Building Bridges Director
Melissa Salvato
325-658-6524

Grief is a process.

The wounds of grief can heal, and the Bereavement Team at WTRC’s Hospice of San Angelo can help.



Sammy Dodd

*Silver wings shining in the sunlight
Roaring engines headed somewhere in flight.... -Merle Haggard*

In July 2018, the sun glinted off the wings of the medical helicopter as it airlifted Sammy Dodd to the nearest medical center after being hit by another truck while working in the West Texas oil field. He remembers thinking of his wife Angela as the helicopter lifted off the ground and praying Lord, help me live long enough to be married fifty years.

Sammy was sent home after three days in the hospital, but his family could see him struggling. He could not tolerate noise or activity. He had difficulty understanding what was said and had some difficulty getting out the words he wanted to say. The family thought he was depressed, but his daughter, a Speech-Language Pathologist, insisted he see a specialist to be evaluated for neurological injury. When the specialist confirmed brain injury and recommended rehabilitation, his daughter told him West Texas Rehabilitation Center would be the best place for him to go.

She knew they had made the right decision when she watched Speech-Language Pathologist Khristina Douglas evaluate Sammy’s deficits at the first session. She told her dad, “She is good. Really, really good.”

“When I met Sammy, he was not even aware of most of the deficits,” Khristina says. “He had been living with this for almost eight months when I met him. His initial evaluation was hard for him because as we did the testing, he became more and more aware of all the areas that were now a problem for him.”

“It is horribly hard to realize where you are,” Sammy says. Before the accident, he had been building industrial engines for oil and gas companies. Now his problems with attention/concentration, memory, and problem solving made him wonder if he would be able to work again.

Khristina worked with Sammy to evaluate the areas of difficulty caused by the brain injury, to improve the areas through exercises and activities, and to develop strategies for day-to-day activities to maximize independence and ability to perform tasks that are no longer easy.

Occupational therapist Ngozi Agwuenu worked with him to rehabilitate his left side deficit. Her strategy was to make him aware of objects on his left side, to strengthen the left side of his body, and to coordinate his gross motor coordination.

The therapists’ goal has been and continues to be to improve Sammy’s ability to function in daily activities, including working and being able to enjoy time with family and friends.

Sammy describes his therapy as “being taught to use whatever I have left to live a normal life.” For Sammy, a normal life would mean being able to work again and enjoy time with Angela and their children – and maybe even dance with Angela again, gliding across the floor with Merle Haggard singing “Silver Wings” – Their Song, the song Sammy used to play in the airport lounge waiting for Angela’s plane to take her back to Houston during their long distance courtship.

When Sammy told Ngozi he would feel better if he could go 2-stepping with his wife, Ngozi bought into that wish. After all, he had worn his cowboy boots to every session! She began by having Sammy bring both of his hands together and clap and to initiate

movement with his left hand. Then she had him clap rhythmically with a digital metronome at 50 BPM. It took several months, but one day Ngozi invited Angela to get up from her chair and join Sammy in the middle of the room. Then they heard the opening bars of “Silver wings.” Merle Haggard sang, and the couple danced. The therapists cried.

Sammy wants everyone to know how important Khristina and Ngozi are to where he is today. “They pinpointed what they needed to do and they did it,” he says. “They worked together at the beginning, and they still do. And they made Angela a part of everything that was done. I was moving in a downward spiral when I got there. They made a major difference in my life – in our lives.”

Today, Sammy and Angela have celebrated 48 years of marriage. They spend quality time with their three children and nine grandchildren. Sammy works for a friend in the oil and gas business. He acknowledges that it takes him longer to do things, and he has to work harder to do them. But sometimes, he says, when he is out in the field and he looks down and sees the West Texas dust under his feet, he gives in to the urge to do a box step in the sand.

“I’m doing well because everyone I see in that building, starting with the two ladies at the front desk to when I leave, knows what it takes to get lives working. It takes a lot of harmony so people like me can have a normal life.”

“Silver Wings” is a song about longing. Every day our facilities are filled with people who have a longing to be restored and to be whole. But, as Sammy points out, “It takes a lot of harmony” to make those kinds of things happen here. ★



What are we going to do?

What do you do and who do you call when the whole world just goes..... pear shaped! How do you go about caring for the people, the patients, who need the care you provide while not endangering the health of both patient and clinician? I mean, everyone can't call the CDC themselves. And, even the CDC guidelines aren't enough to cover all the intricacies and details that go into caring for more than 650 patients at three locations Every. Single. Day. I'll tell you, my friends, just like each of you we found ourselves confronting an invisible enemy unlike anything we ever imagined, and one that even the few who might have been alive in 1918 can possibly remember. What are we going to do?

67 years ago a group of people embarked on a mission to "improve the quality of life of those we serve regardless of financial circumstance." They did so because, 1) they knew that people needed—not wanted—needed the services we provided, and 2) those people mattered to us! So, I go back to my original question: what do you do and who do you call?

I'll tell you who: you call DOCTORS!

You call the very individuals who are facing this virus head on, and pray they will have enough left in the tank to help guide you through these uncharted waters. We at West Texas Rehab Center are blessed to have a number of physicians who care deeply about this place, serving in a number of different capacities. They are board members, medical directors, referral sources, volunteers and above all else, friends. And when we called them and asked for their help, not a one of them hesitated for an instance before saying: how can I help?

Since March these amazing, giving physicians have met with our administrative staff to hammer out the details of how we could continue to treat patients: Dr. Capra, Dr. Patyrak, Dr. Acevedo, Dr. Cerna, Dr. Duke, Dr. David, Dr. Day, Dr. Pizzola, Dr. Kalafut, and Dr. Haddad. Back in March they met together and analyzed, discussed, evaluated and recommended how we should go about safely providing the care so necessary to our patients. Dr. Acevedo worded their number one priority well: "The number one priority for me would be to ensure the safety of patients and staff while still preserving access to critical services." When asked if he thought these

guidelines would be staying in place for a while, he said, "I think we will need to be diligent for the foreseeable future. I think these guidelines will be in place for some time." Dr. Patyrak added, "We need to reemphasize the state guidelines for social distancing and face coverings to reverse the dramatic rise in cases." Dr. Capra, the head of our team and medical director for West Texas Rehab, summed it up well:

"This has really been an unprecedented time for the administration and staff and medical directors at West Texas Rehab. I have been honored to be serving as medical director during this pandemic. It would have been impossible without the support of our administration, without the thoughtful input of our other medical directors and doctors on our boards in both Abilene and San Angelo. As the pandemic has evolved, we have had to continuously refine our strategies to keep our patients and staff as safe as possible while at the same time trying not to sacrifice our mission to serve those in need of our excellent services. This is not over, and we will all continue to look for ways to mitigate the spread of COVID-19 while upholding the Rehab's unrivaled standard of care."

This group of physicians worked carefully and meticulously to set our course, and then.....things would change, whether from the federal level, state or local, and they would gather once again to go through the same process.

Perseverance. Commitment. Patience. Sacrifice. Passion.

All words to describe heroes, don't you think? We sure do, and those ten individuals are certainly heroes to us!

West Texas Rehab will be forever grateful for these wonderful physicians who have stepped-up, and continue to do so, for us and our patients during this unprecedented time; grateful for these amazing men and women who help to make great things happen every day at West Texas Rehab Center! ★

“ I was worried about an email I didn't recognize and CalTech was able to reply to me within a few minutes to confirm that the e-mail was not malicious. Peace of mind within minutes. Can't beat that.

Rosio Simental – American Bank, N.A.

To learn more, call Brad Giddens, Business Development Executive, at 325-947-5560 or visit CalTech.com



Spring Chicken Affair Memories Vivid for Volunteers, Sponsors

Back in 1983, West Texas Rehabilitation Center and neighboring businesses on San Angelo’s Knickerbocker Road – Southern Sea Restaurant and Southwest Bank – hatched an idea which has evolved into a highly anticipated event – the Spring Chicken Affair.

Key organizers were restaurant owner, Bill Brooks, bank president, David Drake, and West Texas Rehab donor relations director, Ellen Brown.

Fast forward 37 years to the new millennium. This Sunday-after-church fried chicken dinner, complete with musical entertainment, is all served up in giant tents and has become a natural rite of spring ... and more importantly, has generated thousands of dollars for patient care at West Texas Rehab!

Wild West Texas weather – including wind, rain, hail, heat – had never shuttered the event, but, the coronavirus pandemic did ... at least publicly for 2020. Since sponsors still wanted to donate this year’s dollars to West Texas Rehab, a small private appreciation dinner may be held, but, please know plans are already underway for a 2021 event for everyone.

Let’s reminisce for a bit about this unique happening’s history.

In addition to weather woes, Spring Chicken Affair has withstood the closing of the on-site restaurant and Southwest Bank changing ownership to San Angelo National and now First Financial Bank (FFB).

By 1997, the San Angelo Restaurant Association and H-E-B joined forces with FFB to lend their expertise and personnel to the event. Since 2001, Home Motors Towing Service has provided funding for volunteers to deliver Spring Chicken meals to homebound individuals. And in 2007, Foster Communications came on board as another vital financial partner.

Setting up an approved “parking lot kitchen” that can turn out 8,500-9,500 pieces of chicken with all the trimmings in four hours was no easy task. Volunteer co-chairmen of this gargantuan effort have included Mike Hennessy, Billy Hillis, Dan Duke, and Bernay Sheffield. Duke passed away in January, 2016.

As former employees of Southern Sea restaurant, Mike, Billy and Dan were key to the consistent success of Spring Chicken Affair. They only missed the event a couple of times.

Mike’s memories naturally include



several challenges, but he always remembers the spirit of the event and camaraderie in the cook and prep tents. Billy recalls fryers that had to be rebuilt and late deliveries of products including cooking oil, green beans, and large frozen chicken that had to be cut up before being put in the “secret” marinade and cooked. Both young men have gone on to successful careers in the food service industry.

Participating sponsor leaders stepping up in service have included Mike Boyd, Chris Evatt, Lori Davis, Jay Freitag, Lynn Shipley, Donna McBride, Fred Key and Rick Mantooth, and Toby Taylor.

Ms. Davis, a 22-year bank volunteer, adds that the challenges stand out in her memory – rain, hail, and even wildfires in 2011 that brought smoke and ash into our skies. “Although event attendance was down, we fed dozens of volunteer firefighters in addition to helping West Texas Rehab.”

Then there were the key restaurant/food service helpers: John Fuentes, Marshall Gray, Andy Sedino, Deanna Duke Russell, Bridget Hinrichs, Linda Love, Terry Nolan, Betty Zentner Sheffield, Bryan Baker, Wall community volunteer cooks, as well as the late John Srader and Craig Partusch. And kudos to AEP, Lone Star Gas, and especially Superior Services and West Texas



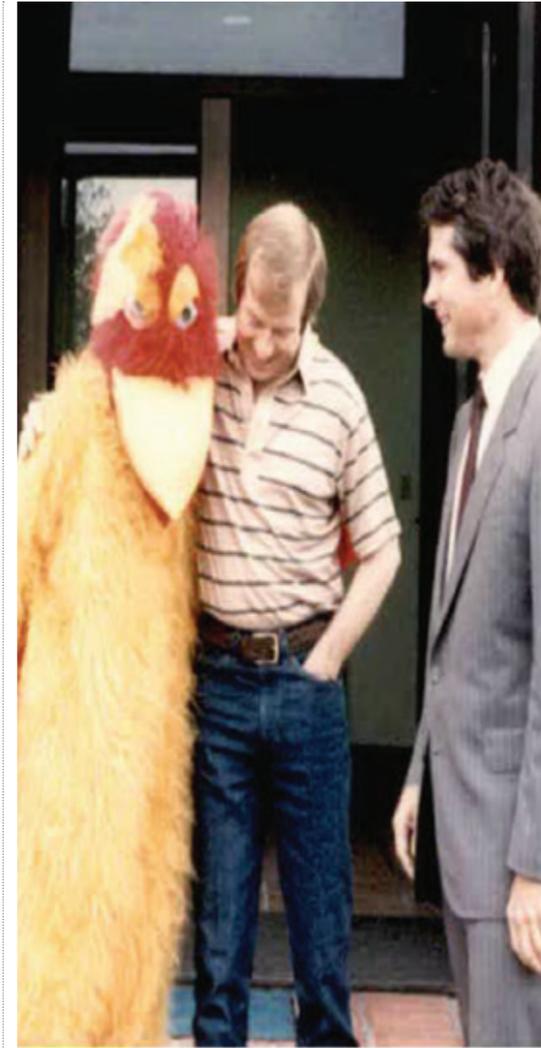
Rehab staff for sweat-popping setup and cleanup duties.

Just a young child in Spring Chicken’s formative years, Deanna Duke Russell grew up in the serving area with her parents, Dan and Debbie. She quickly learned how to form lines, how to keep the main dishes hot, and knew white chicken meat versus dark meat. Now a kindergarten teacher in New Braunfels, she returns every year to renew friendships and do her part for “such a humbling, worthy experience.”

Generous vendors donated food products, equipment, and time which allowed event proceeds to go directly to West Texas Rehab patient care. At least 30-40 businesses through the years never missed a chance to give.

Other businesses stepped up in positive ways. Housley Communications purchased blocks of tickets for their many employees so they could enjoy a complimentary, tasty meal.

Volunteer manpower was furnished by sponsoring businesses, West Texas



Rehab staff, service clubs, youth groups ... a veritable hive of workers whose pay on that busy day was a free delicious lunch – yummy fried chicken of course – and knowing good things were happening for some very deserving people.

Before leaving the premises, folks would stop by the entertainment tent to hear, most recently, The Divas or Manny Ramirez bringing their musical sounds to the crowd. In the event’s early days, even a pre-teen LeAnn Rimes performed, as did Bob Wills’ Texas Playboys’ fiddler, Johnny Gimble.

So, which came first – the food or the fun? The answer is a resounding both! Let’s plan on loading up the family and looking forward to next year’s 38th Spring Chicken Affair! ★



Marco Jimenez, PT, DPT, Cert. DN, FAAOMPT

To say Marco Jimenez is driven would be an understatement. When I asked him about his hobbies he said he likes to read....textbooks. He enjoys doing research. He gets up at 4:00 in the morning to read until he comes to work to treat his first patient of the day. Still in disbelief that his hobby is reading textbooks, I pressed him for what he likes to do for fun. He responded by saying, "Most of all, it is hanging out with my wife and daughter, but other than that it is coursework for a class I'm working on with a colleague. I'm really a nerd."

He's driven by doing the best he can by the patients he sees. "Passion is for you. Purpose is for others. Once you find your purpose, you realize that what you're doing is bigger than you and you can find a deeper level of determination and drive to find the solutions for your patients."- Marco Jimenez

That purpose is exactly how Marco lives his life. "If they (his patients) were my family, how would I want them to

be treated?" It becomes apparent very quickly that Marco lives by this thinking when you observe him caring and working with his patients.

He first became interested in pursuing physical therapy in high school. He intended to go to college to become an architect or engineer, but when he injured his shoulder playing football with some friends and had to go through physical therapy himself, he fell in love with it. "I truly feel God put me where I needed to be."

As he pursued his education, he was fortunate enough to be accepted and become a Fellow of the American Academy of Orthopedic Manual Physical Therapists (FAAOMPT). Program completion requires a minimum of 17 months, a maximum of 36 months, with 440 supervised clinical hours, 400 of which are spent in the clinic one-on-one with a mentor. While going through his Fellow curriculum, he realized how much he didn't know, and the more he could learn made him want to push even more. "Learning will be never ending."

Marco began his career in Lago Vista, Texas in 2014. He practiced there for a little over four years and moved to Fort Worth for a year to practice. But when his wife found out she was pregnant with their first daughter, they decided they wanted to be closer to their family. When the position came open at West Texas Rehabilitation Center, he had a conversation with Scott Jameson, Chief Operating Officer. "At West Texas Rehabilitation Center, we are always looking for people who are passionate about what they do. When I first spoke to Marco, I could tell how committed he was to providing great care for his patients and knew his passion would be a perfect fit with the Rehab mission," said Scott.

As he learned more about the philosophy of West Texas Rehab, he knew it would be a good fit. "I've worked for places that have the same mindset as West Texas Rehab but didn't have the resources, or they had the resources but not the mindset. I love that I'm able to provide services for people who can't afford it, and I don't have to turn anyone away or cut their therapy short due to insurance limitations."

Marco has many great patient stories, but he says the ones he wasn't able to help are the ones that stay top of mind. He enjoys helping athletes who typically progress quickly with joint manipulation.

Marco and his wife, Chelsey, have a one-year-old daughter, Sophia. They are expecting their second daughter in November. He enjoys spending time with family (when he isn't reading textbooks), and he has taught himself the guitar and wants to learn the piano. "My daughter really enjoys music so I'm hoping to do that with her."

The patients and staff are really happy God led Marco, Chelsey, and Sophia to Abilene and to West Texas Rehab. ★



Prior to 2014, Bandag had no conditioning program in place to help prepare temporary teammates to succeed in positions with rigorous physical demands. Often, the applicant's heart rate would exceed the allowable limit during their work assessment, resulting in a failed attempt.

Working with West Texas Rehab to institute the current "Fit Camp" program has proven to be very successful in preparing new teammates for production positions at our plant.

Since inception, we have not experienced a failed work assessment attributed to exceeding the allowable heart rate.

West Texas Rehab is very accommodating with schedules and communicating results in a timely manner with our staff. ★

Clint D. House, Safety & Health Manager, Bridgestone Bandag Retread Plant

"FITcamp

has proven to be very successful in preparing new teammates for production positions at our plant"

Did you Know?



The Bridgestone Bandag plant has been in Abilene for more than 48 years.

48

28th Annual Dinner Show

benefiting West Texas Rehabilitation Center



FEATURING

TRAVIS TRAVIS

THURSDAY, OCTOBER 29

Please call 325.223.6364 or visit WestTexasRehab.org for more information

CALENDAR of EVENTS ABILENE DATES, KARLA @ 325.793.3507 / SAN ANGELO DATES, BERKELEY @ 325.223.6313

Date	Event
July 23rd 30th	Stock Up 2 Give Back - Ozona & Sonora Dine Out to Give Back - San Angelo Area Restaurants
August 27th	REHAB Summer Dinner Show - Abilene Convention Center, 6:45pm
September 4th 10th 15th 17th 19th 25th	Round-Up Lunch Ballinger - First National Bank of Ballinger, 10am-12noon Round-Up Supper Christoval/Eldorado - Bar H Ranch (Helmers), 6pm Round-Up Sale - Abilene - Abilene Livestock Auction Round-Up Sale - San Angelo, Producers Frank Caraway Sporting Clays Classic - San Angelo, Claybird Association, 9am Rehab's HOBC Golf Tournament - Fairway Oaks Golf course Abilene
October 5th 7th 8th 13th 14th 15th 17th 29th	Pig Sale - Sweetwater or Wylie Ag Barn Round-Up Coleman Sale Round-Up Dudley Brother Round-Up Powell Bull Sale R.A. Brown Bull Sale - Throckmorton 2nd Annual Dancing with the Stars - San Angelo Round-Up Stephenville Fall Rehab Dinner Show - San Angelo
November 2nd 12th TBD	Round-Up Sweetwater Shrimp Peel - Nolan County Annex Hospice of the Big Country Candlelight Memorial Service - Logsdon Chapel HSU, 6:30 pm Quilt & Afghan Brunch, WTRC, 10:30am - San Angelo
December 3rd 5th 12th 17th	HOSA Light Up a Life @ 6:00pm - Cactus Hotel Lobby Round-Up Danny Isbell Memorial Rehab Jackpot Show - Wylie Ag Barn Round-Up Big Country Christmas Ball - Coliseum Snyder HOSA Candlelight @ 6:00 pm. - Emmanuel Episcopal Church
January 2021 16th	51st Annual REHAB Telethon & Auction

TBD: To Be Decided

Due to COVID-19, all dates are subject to change. Please check our website at WestTexasRehab.org for all updates.

living fully

WEST TEXAS REHABILITATION CENTER

Hospice OF THE BIG COUNTRY

compassionate care

Hospice Care is Our Calling

Pain and Symptom Management • Family Support and Bereavement • Nurse Aides and Volunteers

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WEST TEXAS REHABILITATION CENTER'S HOUSA HOSPICE OF SAN ANGELO

Hospice of San Angelo hosts an extensive grief support program. Bereavement programs, individualized grief counseling and support groups are available to people of all ages.

Hospice of San Angelo is able to provide community wide grief support regardless of affiliation with our organization.

For more information on our grief support program, contact Karen Schmeltekopf at 325-658-6524.

Visit us online to learn more about our grief support groups, and Building Bridges for children's grief support.

WestTexasRehab.org

EQUIPMENT WISHLIST

Site	Department	Description	Quote
SA	Adult PT	SportsArt Upright Cycle w/20 Resistance Levels	\$1,770.00
AB	Pedi PT	Clinton physical Cuff, Weights, Dumbell and Racks	826.68
SA	Adult OT	New Whale P5 Portable /include linear & convex probes, trolley cart	17,500.00
AB	Pedi PT	Therapy/Nesting Bench	2,584.32
SA	O & P	Powered Parallel Bars	4,850.00
AB	Pedi PT	Vital Signs Monitoring System	2,429.68
AB	Pedi OT	Treatment Chairs for food school program	2,421.00
AB	Pedi ST	Green house and supplies for Horticulture Therapy Program	2,357.00
SA	Pacesetter	Elliptical Trainer	2,520.00
SA	Audiology	High HZ Option-HF Tinnitus Evaluation System	1,775.00
AB	Adult PT/OT	OCCCUPRO FCE Software	13,225.00
AB	Pacesetter	Fitness Equipment for Pacesetters Program 27	17,500.00
SA	Adult OT	Stereo Optical Vision Screener 28	7,225.00
AB	Adult PT	Matrix Climbmill	4,118.00
SA	Pedi	Cabinets (13) for Speech Rooms and Hallways	2,599.87
AB	Adult PT/OT	Lympha Touch Therapy Device-Cupping System	5,298.00
AB	Adult PT/OT	Bioness Knee and Foot Drop FES Rehab system	44,740.00
AB	Adult PT/OT	Bioness Hand Rehabilitation System	50,272.00
SA	Audiology	Med Rx Avand REM Hearing Varification system (x3)	16,291.00
SA	Audiology	Autoclave Instrument Sterilization Unit	3,314.00
SA	Audiology	Welch Allyn 3.5V Microview Otoscope (x4)	1,668.00
SA	Audiology	Accu-Scope Precision Microscope	424.50
AB	Adult PT/OT	HydraTherm Moist Heat Pack Sytem	2,410.00
SA	Audiology	Oaktree Pneumatic Exam Chair	3,100.00
SA	O&P	New solid counter tops, 2 solid surface sinks and faucets (plaster room), replace sink, faucet, and counter top (cast room)	4,000.00
SA	OT/SLP	Kaye chairs	1,376.00
SA	PT	Prometheus ultra sound for women's health	7,450.00
SA	Pedi PT	Pediatric treadmill	1,800.00
SA	Pedi SLP	iPads for therapy (quantity 8)	2,792.00
SA	Pedi PT	Activity tower for sensory gym	2,000.00
SA	Pedi PT	Multi level playhouse for sensory gym	3,500.00
SA	Pedi PT	Pedi therapy equipment, marble panel, cube chairs	2,630.00
SA	Pedi PT	Pediatric therapy swings (quantity 3)	1,965.00
AB	PT	8 high/low treatment tables	13,960.00
<i>Total to Fund</i>			\$252,692.05

SAVE DATE

**SATURDAY
SEPTEMBER 19**

SAN ANGELO CLAYBIRD ASSOCIATION

2020

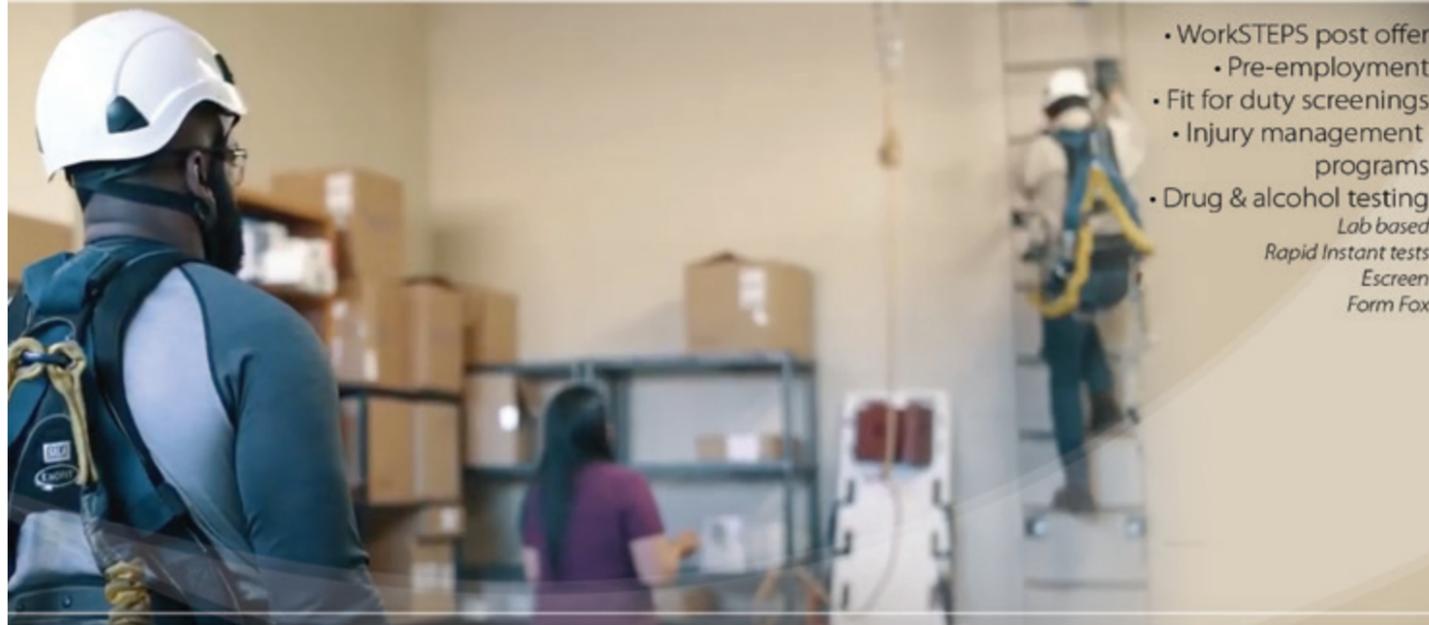
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Employer Services

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325-392-9872 (Ozona) • WestTexasRehab.org






Thank you to all of our participating restaurants, as well as those who joined us for our Dine Out to Give Back event. We are so grateful of your support of our mission, to improve the quality of life of those we serve regardless of financial circumstance. We could not continue doing all we do without the support of donors like you! Thank you!



Your support of the Dine out to Give Back event benefiting West Texas Rehabilitation Center was a small way to make a big impact. By joining forces with our local restaurant partners, we are excited this event supported their businesses while raising funds that will help us provide life changing care to those in need. Every penny spent at these participating restaurants on July 30th has made a difference in the lives of our patients, as well as the business partners who are supporting us. Each meal purchased has truly made a difference in the lives of so many, and for that we thank you.



Make a donation today in support of our mission at bit.ly/dotgb



WestTexasRehab.org
325.223.6300
3001 S. Jackson St.
San Angelo, TX



Congratulates

FRED KEY

Winner of



2019

dancing with the
San Angelo stars

Save the Date



for the 2020

Dancing with the

San Angelo Stars

OCTOBER
15
2020

