

WEST TEXAS REHABILITATION CENTER

# ROUND-UP

WEST TEXAS REHABILITATION CENTER

50 YEARS  
2020



West Texas Rehabilitation Center's 50th Annual Telethon & Auction

JANUARY 18 • 2020 • FEATURING

**Neal McCoy** *AND* **Lindsay Ell**

PLUS: Legacy of Giving • Sal Morales  
REHAB Auction Preview • & More



*"One trip stops the drip."*

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## LEADERSHIP LETTER BY STEVE MARTIN, PRESIDENT & CEO



I hope you had a very Merry Christmas and a blessed holiday season! Christmas is always such a joyous time

of year to celebrate the birth of our Lord and Savior and fellowship with family and friends, many of whom we may not have seen in a while.

I always think of West Texas Rehab's Telethon in that same context, as many great friends, patients, donors, and supporters from throughout the country, coming together on one awesome night to celebrate the West Texas Rehab Center's patient accomplishments. They do this all while raising the funds necessary to take care of more than 650 men, women, and children each day served at our facilities in Abilene, San Angelo, and Ozona.

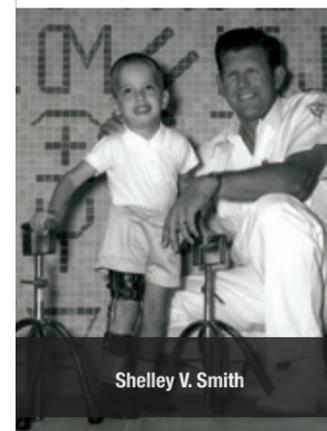
This year marks the 50th anniversary of our Telethon, Rehab's largest fundraiser, which will air from 7:00pm to 12:00 midnight on January 18th from the Abilene Convention Center. The Telethon first aired in 1971 when our headliners were Rex Allen and Rosemary Clooney, and the show raised \$85,000 for our patients. This year, Neal McCoy and Lindsay Ell (pg.15) will headline the show and our goal will

be to raise more than \$1million for the patients served by West Texas Rehab.

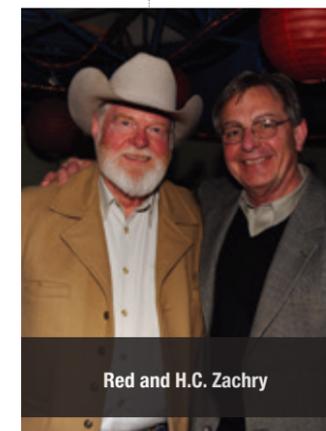
The impact of the Telethon is immeasurable as it is not just about the off-the-air totals on Telethon night. Many gifts to our Foundation are a direct result of the many folks watching the show each year. In many cases, we find people have quite literally "grown up" watching the Telethon.

inspired those around them to hang in there, keep going, and never stop telling the wonderful story of West Texas Rehabilitation Center!

I hope you will join us at the Abilene Convention Center on January 18th at 7:00pm, or check out our website at WestTexasRehab.org for information on bidding in our auction (pg.13 & 14), live streaming the show, or to make a donation online.



Shelley V. Smith



Red and H.C. Zachry



Anacani with James Hallmark

Were we to thank all of the men and women who have made the Rehab Telethon possible, there would not be space in this article to do so. What we can do is recognize the fact that hundreds of people gave of themselves to the 50 years of Rehab Telethons. Yet, if it weren't for Shelley V. Smith, H.C. Zachry, and James Hallmark, the Rehab Telethon would not be in existence today. Their tireless and faithful efforts

Thank you for your kindness and support! May God continue to bless you and your family and the patients served by West Texas Rehabilitation Center! ★

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For several months now I've written fairly lengthy pieces about different aspects of estate-type planning options, how they work, as well as the whole idea of passing on a legacy of giving to those we love. This time I thought I'd give you something short-and-sweet, but still strong; something that gives you a better idea, a picture of two of the options available to you.

Here are examples of a CGA (*Charitable Gift Annuity*) and a CRT (*Charitable Remainder Trust*). The first trades an asset for a lifetime income, and the second provides some income but primarily lowers taxes. I think you'll find them very informative, and always remember how available we are to talk more about these giving options and many more.

**CHARITABLE GIFT ANNUITY**

Gifts That *Pay You* Income.

There's a way for you to support West Texas Rehabilitation Center and feel confident that you have dependable income in your retirement years. You can do this with a planning vehicle called a charitable gift annuity.

This type of donation can provide you with regular payments for life and allow West Texas Rehab to further our work. You may also qualify for a variety of tax benefits, including a federal income tax charitable deduction when you itemize.

*An Example of How it Works*

David, 66, and Lynn, 65, want to make a contribution to West Texas Rehab, but they also want to ensure that they have

dependable income during their retirement years. So, they establish a \$20,000 *charitable gift annuity*.

Based on their ages, they will receive a payment rate of 4.5 percent, which means they will receive \$900 each year for the remainder of their lives. They're also eligible for a charitable tax deduction of \$6,129\* when they itemize. Finally, they know that after their lifetimes, the remaining amount will be used to support our mission.

Based on annual payments and a 3.2 percent charitable midterm federal rate. Deductions and calculations will vary depending on your personal circumstances.

**CHARITABLE REMAINDER TRUST**

I can make a large donation, but I need to lower my tax liability and I need a consistent income for these latter years of my life, too. Do you have any ideas? *Yes, we do!*

*Solutions for Large Donations*

If you have built a sizable estate and also are looking for ways to receive reliable payments, consider a charitable remainder trust.

These types of gifts may offer you tax benefits and the option for income. There are two ways to receive payments and each has its own benefits:

The annuity trust pays you, each year, the same dollar amount you choose at the start. Your payments stay the same, regardless of fluctuations in trust investments.

The unitrust pays you, each year, a variable amount based on a fixed percentage of the fair market value of the trust assets. The amount of your payments is revalued annually. If the value of the trust increases, so do your payments. If the value decreases, however, so will your payments.

*An Example of How it Works*

Jennifer, 75, wants to make a gift to West Texas Rehab, but she would also like more income in the future. Jennifer creates a charitable remainder unitrust with annual lifetime payments to her equal to 6 percent of the fair market value of the trust assets as revalued annually. She funds the trust with assets valued at \$500,000.

Jennifer receives \$30,000 the first year from the trust. Subsequent payment amounts vary each year depending on the annual valuations of the trust assets. She is eligible for a federal income tax charitable deduction of \$276,880\* in the year she creates and funds the trust. This deduction saves Jennifer \$88,232 in her 32 percent tax bracket. ★

**NEXT STEPS**

Contact Rodger Kennedy at (325) 793-5424 or rkennedy@wtrc.com, or any of our Foundation officers to talk about supporting West Texas Rehab by setting up a charitable gift annuity.

Chad Hirt at (325) 277-0442  
chirt@wtrc.com

Chuck Rodgers at (325) 669-4139  
crodders@wtrc.com

Jason Weaver at (806) 420-0771  
jweaver@wtrc.com

*\*Based on annual payments and a 3.2 percent charitable midterm federal rate. Deductions and calculations will vary depending on your personal circumstances.*

**It's not too early to register to join our Telethon 2020 Live Auction:**

JAMES AVERY  
**Forging Hope**

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## HOSPICE SPOTLIGHT



(L -R) Ervilene Kuhlmann, Melissa Salvato, Karen Schmeltekopf

**Some of the most painful wounds are those that are not visible to the human eye. Of those, the loss of a loved one can be the most searing.**

Since its beginning as a nonprofit hospice in 1985, Hospice of San Angelo (HOSA) has offered hope and help through bereavement services to family members of patients, and even to the patients themselves. Today, West Texas Rehabilitation Center's Hospice of San Angelo offers a variety of services - free of charge - to anyone in its 15-county area who has lost a loved one.

The highly experienced HOSA Bereavement Team consists of Director of Bereavement, Karen Schmeltekopf; Bereavement Counselor, Ervilene Kuhlmann, and Director of Building Bridges, Melissa Salvato. They schedule individual counseling sessions for adults and children in their offices at the Landy House or in homes, businesses, or schools. In addition to individual sessions, the team offers a variety of support groups and activities.

### Bereavement Support Groups for Adults

- A monthly Grief Education and Support Group at the Landy House,
- Sole Mates, a weekly mall-walking group at Sunset Mall,
- A monthly luncheon,
- A monthly Grief Education and Support Group at Christian Village,
- A monthly Grief Education and Support Group for women in recovery from substance abuse at Sara's House,
- A monthly Grief Education and Support Group for men in recovery

from substance abuse at William's House, and

- An annual pet loss support group, in conjunction with Concho Valley PAWS (*Pets Are Worth Saving*).

### Bereavement Activities and Information

- Light Up a Life annual tree lighting at the Cactus Hotel,
- Annual Candlelight Memorial Service,
- Annual Artistry of Life at the San Angelo Museum of Fine Arts, a family-friendly evening of art and music,
- Annual fall workshop, Navigating the Holidays,
- A monthly bereavement newsletter, *LIFT (Living Is For Today)*,
- Treasured Conversations, taped conversations between HOSA patients and friends, family, or volunteers,
- Occasional activities, like Music at the Chicken Farm, support groups for survivors of suicide, and Grief and Labyrinth Workshops, and
- Annual Living with Grief Teleconference.

### Building Bridges for Children and Families

*Building Bridges* is a program designed specifically for grieving children and their families, under the direction of Melissa Salvato. Since 1991, HOSA has offered two, annual six-week sessions of Building Bridges, one each spring and the other in the fall. Trained staff and volunteers lead children through creative activities to encourage children to share their feelings of grief and their memories of loved ones. In addition to the semi-annual sessions, HOSA now offers an ongoing monthly teen support group that was started

last fall in response to a group of teens expressing a desire to keep meeting when their Building Bridges session ended.

"Having lost my dad as a teenager, I recognize the importance of having a safe place to voice your grief, and of having people around who understand grief and acknowledge the pain and difficulties kids go through," Melissa says. "It's our mission not to fix grief but to walk through it with these families."

### HOSA's Bereavement Serves a 15-County Area

All of the counseling services, support groups and activities offered and available to HOSA patients, family members, and friends, as well as all bereavement services are available free of charge to anyone in the 15-county area who needs them.

"All of us consider it a sacred privilege to walk through grief with people at the end of life, and as mourners, heal after loss," Karen says. "Healing our grief makes a difference in how we live after loss. Things don't go back to the way they were before the loss, but we can heal and have full and satisfying lives."

"In bereavement, we pick up the pieces when individuals and families fall apart, and we become companions to the grieving so they are not alone," Ervilene adds.

For more information about individual bereavement counseling, support groups, or bereavement activities, please call:

HOSA Director of Bereavement  
Karen Schmeltekopf  
325-658-6524

For information about *Building Bridges* and bereavement counseling for children and teens, please call:

Building Bridges Director  
Melissa Salvato  
325-658-6524

*Grief is a process. The wounds of grief can heal, and the Bereavement Team at WTRC's Hospice of San Angelo can help.* ★

## PATIENT SPOTLIGHT



### Sal Morales

When other kids would stare at young Sal Morales sitting in his wheelchair, he would look up at his father. His father would lean down to his son and say, "Listen, it's just you and me, father and son. We do what we want to do. There's no one else around us."

Sal was born with Caudal Regression Syndrome, a fetal abnormality of the lower spine, which in Sal's case meant that his legs did not develop. His parents Imelda and Salvador had no idea that their son would be afflicted with a congenital abnormality that affects 1 in 25,000 babies. His father said they wondered "What did we do wrong?" and "What do we do now?"

In addition to the complications of CRS, Sal has had to live with severe hearing loss caused by chronic ear infections during his preschool years.

Sal first experienced the services of West Texas Rehabilitation Center when audiologist, Angela Middlebrooks, visited him at WTRC's Regional Day School for the Deaf (RDSPD)/Region 15. When Sal was seven years old, the family began driving several hundred miles to West Texas Rehabilitation Center four times a year so that Angela could continue to evaluate and optimize his hearing. Sal has severe to profound mixed hearing loss and wears hearing

aids in both ears. His needs are great.

Salvador tells his son, "We are who we are. We all have defects. We do what we can."

All of that is true. But, it seems to be a gift of nature that the body and spirit have a way of compensating, so when someone has a profound deficit in one sense, another sense can take over. For Sal, it seems to be more. What is denied to Sal in the use of legs is compensated by the use of hands that draw and paint. What is denied Sal in hearing is compensated in the vision of artist's eyes. What is denied Sal in freedom of physical movement is compensated in flights of imagination.

Leonard Cohen says,

**Ring the bells that still can ring.  
Forget your perfect offering.  
There is a crack, a crack in everything.  
That's how the light gets in.**



And so, for Sal, the light floods in when he reaches for his canvases, drawing pencils, and paints. His gifts take over.

Sal began drawing at an early age and studied art in public schools before graduating from high school in 2017. The parents credit Mr. Germany as "an awesome, awesome, awesome art teacher." Sal has entered and won many art competitions.

(Ring the bells that still can ring)

Sal spends his time drawing, painting, and playing a guitar and cabasa. He is active in his church. As a young adult, he is trying to figure out what comes next for him. Sal has had to overcome many challenges, and he and his parents are not discouraged by the challenges that lie ahead.

"We're the lucky ones," Salvador says. "People tell us they tell other people about Sal, how happy he is, not sad. He is an inspiration to people."

Sal's parents are grateful for what West Texas Rehab has done for their son. "They take their time to get the information they need and make sure we understand what they are doing."

West Texas Rehab makes clear our mission is to make life better for all who walk through our doors. The Morales family puts it this way: "They care, they know what Sal is going through, and they make situations easier."

Or to paraphrase Salvador Morales: "West Texas Rehab is who we are. With all of our human resources and will — and the support of others — we do what we can."

Look for Sal's paintings in the *Stribling Art Extravaganza* in March, 2020. A purchase at the sale will benefit both the artist and WTRC. ★



## PHYSICIAN SPOTLIGHT



Dr. Jenny Wiggins-Smith, husband Marcus Smith and son, Jude

### Dr. Jenny Wiggins-Smith

Just a small town girl from the Texas Panhandle who spent holidays and summers here in West Texas with her family...it is no wonder Dr. Jenny Wiggins-Smith's journey landed her here in San Angelo!

Dr. Wiggins-Smith grew up in Borger, Texas. She attended undergrad at the University of North Texas in Denton. Dr. Wiggins-Smith laughs, "Believe it or not, I started out as a music major but ended up going the complete opposite direction and began taking microbiology classes. I soon found that I enjoyed anatomy and science, which led me to eventually apply to medical school." She attended medical school at the University of North Texas Health Science Center in Fort Worth and graduated in 2006. She completed her residency in Family Medicine in 2009 and her residency in Obstetrics and

Gynecology (OB/GYN) in 2012, both through Texas Tech University Health Science Center.

She was quickly recruited by Shannon Medical Center in San Angelo, Texas and started her career at Shannon Clinic OB/GYN in February 2013. Dr. Wiggins-Smith shares, "It was very important to me to have a group that would nurture me right out of school and my colleagues at Shannon Clinic have been wonderful to do just that. And I am blessed to be near family here in San Angelo." When asked why she chose obstetrics and gynecology as her specialty, she says, "I wanted to specialize in women's health. I enjoy the mix of office and operating room. I never have a dull moment and no two days are the same. And there is no greater joy than welcoming a new baby into this world."

As an OB/GYN physician specializing

in women's health, Dr. Wiggins-Smith is a wonderful referral source and supporter of our Women's Health Program here at West Texas Rehabilitation Center. She states, "I want to be someone who takes women's pelvic health seriously. I utilize every resource available and having a pelvic floor specialist in San Angelo is amazing. Dr. Megan Cordes, Board Certified Women's Health Specialist at West Texas Rehab, is a true blessing to my patients. She is an expert in pelvic pain, pre and post-pregnancy concerns, and urinary incontinence, just to name a few. I refer to enhance my current treatment plan or, in some cases, as the primary treatment. Without this program so close, my patients would be traveling to Lubbock or Austin for this specialty. We are lucky to have her in our community."

Dr. Wiggins-Smith is married to her husband, Marcus Smith, a local attorney, and they have one son, Jude. When Dr. Wiggins-Smith is not practicing medicine, she goes back to her original passion, music. "I love music and art in every capacity." She and Jude have taken up water coloring as a hobby, and she and Marcus never miss a live music opportunity!

*We at West Texas Rehab are so thankful to Dr. Jenny Wiggins-Smith for her commitment to her patients. We feel that you are a true blessing to your patients and the San Angelo community, and we are so thankful that your journey landed you here! ★*

Thank You!

**JAMES AVERY**  
Forging Hope

Forging Hope, James Avery Artisan Jewelry's charitable giving program, is proud to support the West Texas Rehabilitation Center and the 50<sup>th</sup> Annual Rehab Telethon and Auction.

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Volunteer, Teri Turner (front), pictured with Hospice of the Big Country staff

**Teri Turner**

As Shronda, Volunteer Coordinator for our Hospice of the Big Country, took me to meet the woman I was to interview, I turned to her and asked, “Did you just say that she volunteers here every day – all day?!” Shronda just smiled as I shook my head in disbelief. That doesn’t happen. It just doesn’t. We came to the end of the hall to a desk – Teri’s desk – and I was introduced to this amazing, kind, giving lady named Teri Turner. Shronda told Teri I would be interviewing her for the next newsletter. I couldn’t help myself, and just said, “You realize that people like you seldom, if ever, come around, right? No wonder these people love you!” Teri instantly teared up, so obviously uncomfortable with the attention and accolades she was being given. It didn’t take long before we were both crying; sharing each other’s stories of losing our loved ones. We were standing on holy ground. So, grab a cup of coffee, possibly a tissue, settle into a comfy chair, and let me tell you about the sweet Teri Turner.

It was 2013 when Teri and her husband, Clark, decided it was time for her to retire from her job with the State of Texas and see what this “retirement thing” was all about. It didn’t take long, however, for her to realize she was not quite ready for full retirement. So, she went to work, ironically, with West

Texas Rehabilitation Center’s Hospice of the Big Country. But, it was only six months later that she and Clark got the wind knocked right out of them: Clark was battling complications from Crohn’s disease. This time, though, Teri was retiring for a very different reason: to care for Clark until his passing on July 1, 2017.

Now, Teri found herself at a crossroad: what to do next, and how to even get up the will to move on to whatever might be next. It was the “foggiest” time of her life. Though Clark was not on Hospice of the Big Country, she had met enough of the folks over there during her six month stint that she wondered if they would let her come to them for help. Teri got her answer immediately upon meeting with HOBC’s Bereavement Coordinator, Burtis “Burt” Williams. Now, I know Burt and I know how he treated me when I came to HOBC under the same circumstances. He gave Teri a hug, gave her a chair and a tissue in his office, and quietly and intently listened to her story. Teri said, “I was worried that since we didn’t use them, they might have some resentment toward me. In that moment with Burt, I’ve never felt so welcomed and accepted.”

Teri entered HOBC’s group bereavement class and slowly, but surely, began to find the hope, healing, and “will to move on” she was looking

for. Now, it was time to discover what might be next. She did have a thought: maybe she could find a way to be around these folks at HOBC who had become very dear to her. So, she talked to Shronda about volunteering at the office 1 day a week for a couple of hours. After a little while, Teri thought: “I think I can do another day.” And so it went until it got to the point where Teri volunteered every day, all day, and has been for the past year! Here are a few of the things Teri told me about her work with HOBC:

“My being able to volunteer and be a part of HOBC was and is an answer to prayer. I feel God placed me where I needed to be and where He wanted me.”

“When Clark died I kept thinking, ‘What do I want to be now when I grow up?’ I guess I’m saying... HOBC has been a God thing!”

“I have been able to meet and work with a team of volunteers who have become friends. If I hadn’t stepped out of my comfort zone, I would have missed so much!”

This is what our folks say about Teri:

From Shronda – “Teri has been sent to our organization straight from heaven. However, in my role, she joins a team of volunteers sent from heaven to Hospice of the Big Country to help us love and care for our patients every day.”

From Angie Lane, Director – “Teri has a way of making everyone’s day better! Teri is a great encourager and she has a beautiful heart for hospice. Our organization is better because she is here!”

As our interview came to a close, marking the beginning of a new friendship for both of us, Teri had one last thing she wanted to tell me. She said, “Shronda came over to my desk one day and told me, ‘You know, you’ve been a real lifesaver for us.’ I looked at her and said, ‘No, Shronda – you all literally saved my life!’” ★

# PERSONALIZED PLANNING FOR YOUR FINANCIAL GOALS

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## STAFF SPOTLIGHT



**Christopher Lambaren, PT, DPT**

“People use the terms *dizziness* and *vertigo* interchangeably, but they are not the same,” says Christopher Lambaren, Balance Specialist at West Texas Rehabilitation Center. “Dizziness is a more vague symptom, like feeling light-headed or feeling the room is spinning. Vertigo is aggressive. Patients who have vertigo tell me it feels like the world is trying to throw them off.”

“Dizziness will often be reported as a funny-headed feeling or feeling ‘off’ when it comes to movement,” he adds. “Dizziness is typically felt frequently throughout the day with general movement while vertigo tends to be more episodic with a shorter duration and associated with very specific movements.”

For our discussion, Christopher divided

his patients with balance disorders into two groups: those who have Benign Paroxysmal Positional Vertigo (*BPPV*) and those who have other balance disorders.

BPPV, the most common cause of vertigo in adults, occurs when calcium carbonate crystals in the inner ear, which help control balance, become displaced and move elsewhere in the inner ear. After evaluating a patient with BPPV, Christopher can perform a corrective maneuver and, in most cases, restore a patient’s balance in the same session.

Patients with other kinds of vestibular dysfunction may require several weeks of therapy, depending on the severity of the disruption in the pathway that carries nerve impulses from the inner ear to the brain. In treating this kind of patient, Christopher

stresses compensation, learning to use something else to do the job; adaptation, adjusting to a new norm; and habituation, learning new habits to make a new conscious norm.

A Neurocom Smart Balance Master, given to West Texas Rehab several years ago by the Frank Caraway family in memory of Wilma Caraway, makes the evaluation and treatment of balance disorders possible. The machine offers a multitude of functions, which Christopher says are useful in objectively measuring balance as well as in balance retraining with patients.

The Neurocom, which looks like a large phone booth, has walls and floors that move. While evaluating patients, Christopher can change factors and make the functions more challenging to measure the extent of a patient’s balance deficit. Patients do not have to worry about falling because of safety features in the booth.

In addition to evaluating balance deficit, Christopher also uses the machine to train patients to maintain balance through compensation, adaptation, and habituation. The force plates, divided for placement of the right foot and the left foot, make the Neurocom useful for training patients with prostheses and joint injuries after surgery as they relearn weight bearing and weight shifting. ★

**Christopher is a 2006 graduate of Angelo State University School of Physical Therapy.**

“People use the terms *dizziness* and *vertigo* interchangeably, but they are not the same.”

## SPONSOR SPOTLIGHT



Every year when Telethon time rolls around, we are always so thankful for the many individuals and businesses who donate items for our Telethon Auction. This year, our 50<sup>th</sup> Annual Rehab Telethon and Auction is no different. Folks from all over the country support our mission of providing exceptional care to all patients, no matter their personal financial circumstance.

One business that I would like for you all to know more about is the *Chisos Boot Company*. This is a first-time donor to West Texas Rehabilitation Center - and a unique one it is. Will Roman, founder of

Chisos Boot Company, is on a mission to create the best uniquely-Texan cowboy boot.

The Chisos Mountains are located in Big Bend National Park - one of our great state’s most unique and profound landmarks. It was upon this enchanting backdrop that the idea for Chisos boots was born: finally, a handcrafted cowboy boot with a comfortable sole that enables you to wear them for days on end without regret.

Chisos boots are the most comfortable, traditionally-made cowboy boots available. The first-of-its-kind insole and the signature Chisos heritage



leathers combine for boots that fit like an old leather glove. Each Chisos boot features artwork inspired by the natural beauty of Texas, with a style reminiscent of the golden age of boot designers, but that rejects the tired western motifs and instead is uniquely Texan.

A portion of top-line revenue is allocated to support Texas land conservation. Proudly made without calfskin, Chisos cowboy boots are the sustainable, durable, and comfortable choice for Texan footwear. When you see someone wearing Chisos boots, you know what they stand for.

This Chisos Boot Company Motto is “Do Right, Love Texas.” I think we can all agree with that! ★

WEST TEXAS REHABILITATION CENTER

# 50 YEARS 2020

Just a few of our fantastic auction items currently available!

West Texas Rehabilitation Center's 50th Annual Telethon & Auction

Southwest Airlines: Congratulations! You are the recipient of two Southwest flight e-passes valid for one-way travel on Southwest operated, published, and scheduled service. Flight e-passes can be combined for roundtrip travel and are valid only in the United States, its territories and its possessions, including Puerto Rico. Two Southwest flight e-pass are needed to book roundtrip travel. Southwest flight e-pass cannot be exchanged, extended, or reissued. The actual date of travel may not occur after the expiration date 1/15/2021



Argentina Dove Hunt: This is a trip of a lifetime experience for four hunters, for four nights accommodations at the beautiful San Luis Lodge. This elegant and sophisticated lodge is beautiful in every way. In the field you will experience lavish asado (meat) lunches with a siesta in a hammock afterwards if you choose.



Walls and Windows-San Angelo: Walls & Windows of San Angelo is ready to make your house a home. Plantation shutters are the perfect finishing touch to any room. Winner will receive 15 square feet of Eclipse Plantation Shutters, UltraView format. Installation available within 30 miles of San Angelo



Lowake Steak House: The Lowake Steakhouse has been a fixture to West Texas for more than 60 years. Their food and atmosphere is what keep people coming back. Take this \$200 gift certificate and enjoy the most mouth watering steak and seafood that Abilene, Brownwood & San Angelo, TX have to offer. Visit this family restaurant and see for yourself!

Coats Saddlery Inc. Certificate towards a custom-made Coats Saddle; full rough-out or full slick-out with choice of tree-cutting, roping or barrel. Expires 12/31/2020



Dolores' Unique Designs: Mohair goats have been raised in time honored tradition on ranches in the Western United States since the 1800's. This piece is a gorgeous long coat, has a design that is hunter green and brown houndtooth plaid, with a tan background. The Mohair collar is made to look like a fur stole and extends down the lapel. This jacket has been handmade by Dolores' Unique Designs where each jacket is a one of a kind work of art, and comes with hand tailoring for the auction winner to make it a perfect fit for the wearer of this fashionable art.



Pioneer Quilt Club: 68 x 86 Carpenter's Wheel Quilt has all shades of blue throughout. This quilt was donated by Michael Watson in memory of Judith Watson and quilted by Pioneer Quilt Club.



Brigitte Lett: 82 x 92 Spanish red, white, and black afghan would be so warm and cozy on any winter night.

Rec Tec Grills: The flagship. The standard bearer in pellet grills, the RT-700 is the elite! It offers precision craftsmanship and quality components that REC TEC Grills' customers have grown accustomed to. This grill features a cooking chamber made entirely of stainless steel, which means you will never have to worry about paint cracking or peeling on your grill.



Friends of the Rehab: Bob Lilly made the name as the main man in Dallas's vaunted "Doomsday Defense". Lilly was a first-team All-NFL choice every year from 1964 through 1969, then again in 1971. Lilly was named an All-Pro seven times, and was selected to play in 11 Pro Bowl games. Affectionately known as "Mr. Cowboy," his name was the first inscribed in the Dallas Cowboys Ring of Honor, above Texas Stadium and the current AT&T Stadium. The Cowboys had a Bob Lilly Day on November 23, 1975, to honor him and make Lilly the first inductee into the Ring of Honor. He has attended every induction of each Ring of Honor inductee since.

How to place a bid via Handbid:

- 1** Download the **HANDBID APP** or visit **HANDBID.com**
- 2** Tap **'Get Started' & Create an Account**
- 3** Select **'REHAB 2020'** from auction list
- 4** Set your max bid
- 5** Monitor your **'Dashboard'**



Enter your user info & Handbid will text you a PIN#. Enter the PIN# & click the link in the text.

Swipe LEFT to enter the auction & accept notifications. In the APP swipe left/right to access items.

Select 'MAX BID' & enter the max amount you're willing to spend. Handbid will automatically bid for you, up to that price.

Monitor your winning & losing bids. Select MENU in the upper-left corner to view your profile, invoices, etc.



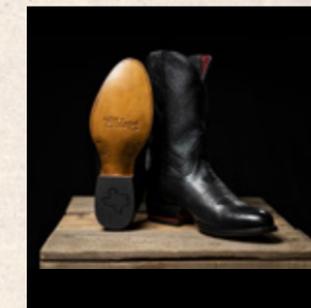
Superior Services: The VERTEX Pure Water Machine is a 4-stage water cleansing system including sediment filter and taste and odor filter. Includes storage tank, filter assemblies, set of 1/4" plastic tubes, faucet and fittings, and additional hardware. Installation not included.



Gary Weeks & Company: Furniture Makers If you have never sat in a Gary Weeks made rocking chair, you don't know comfortable. This beautiful chair was crafted by Gary Weeks in Wimberly, Texas. Cherry wood is light in color when new, but it ages to a rich red brown. You will never own a more beautiful and comfortable chair.



T-Mobile Arena: Michael Buble has sold over 60 million records worldwide, performed hundreds of sold-out shows around the globe, and won four Grammys and multiple Juno Awards during the course of his extraordinary career. Buble' is scheduled to perform May 9, 2020 at T-Mobile Arena in Las Vegas.



Chisos Boot Company, LLC: If you are a Texan, you're rugged and independent. Chisos Boots represent all of that and more. Chisos Boots are a handcrafted cowboy boot with a comfortable sole that enables you to wear them for days on end without regret. Made with superb craftsmanship, including a traditional leather heel counter and premium cowhide lining. Each Chisos boot features artwork inspired by the natural beauty of Texas, with a style reminiscent of the golden age of boot designers.



Wylie Implement: "Stockman Special" 300 Gal. Ellip. W/ Boom Buster nozzles. Solid axles, Hypro control, 8 roller XL pump, gun and 50 ft. hose with 9.5LX15 tires. www.wyliestrayers.com



Edible Arrangements: Enjoy delicious, mouthwatering delights, such as chocolate dipped strawberries, chocolate dipped green apples and fruits shaped like hearts and flowers. Celebrate Valentines and other special occasions with this \$300 certificate to Edible Arrangements in Abilene, Texas.



Nothing Bundt Cakes - San Angelo: Opening in February 2020, Nothing Bundt Cakes is sure to cure your sweet tooth. This gift certificate is good for one 8" Nothing Bundt Cake for 12 months. Step into a Nothing Bundt Cakes bakery and let the aroma of freshly-baked Bundt stir your senses. Choose from ten luscious Bundt flavors and forty unique cake designs while you browse a treasure trove of unique gifts, charming cards and inspired decorator items.



Kennedy Space Center: Four admission tickets to the Kennedy Space Center Visitor Complex. These passes include access to all visitor complex exhibits and shows, including Heroes & Legends featuring the United States Astronaut Hall of Fame, the Space Shuttle Atlantis attraction, the Kennedy Space Center Tour, 3D IMAX space films, Astronaut Encounter and Shuttle Launch Experience.

Darleen Good/Dixie Porter: Vibrant oranges and rich purples on a crisp white background. These "curves" take center stage. This handstitched squares with a beautiful machine stitch design 76" x 92" queen quilt is a must have!



Janice Bennett: 'E Pluribus Unum' means one of many in Latin. This motto appears on United States coins. This is a great "Americana" wall hanging or small throw quilt (41" x 57")



This year's 50th edition of the West Texas Rehabilitation Center's telethon and auction promises to be one of the best yet featuring favorite guests along with two great entertainers, two-time Entertainer of the Year, Neal McCoy, and Nashville's rising star, Lindsay Ell.

The online auction will be one of the largest in the history of telethon. This year's telethon takes place on January 18th at the Abilene Convention Center from 7:00pm through 12:00am.

**Neal McCoy**

Neal McCoy has released fifteen studio albums on various labels, and has released 34 singles to country radio. In 1993, Neal McCoy broke through with the back-to-back number 1 singles - *No Doubt About It* and *Wink* from his platinum-certified album *No Doubt*

*About It*. His commercial success continued into the late 1990s with two more platinum albums and a gold album, as well as six more Top Ten hits. A seventh Top Ten hit, the number 10 *Billy's Got His Beer Goggles On*, came in 2005 from his self-released *That's Life*.

*Music of Your Life*, a big band jazz and country amalgam with Les Brown, Jr. recorded for a public television special, appeared in 2011, with a new studio album, *XII*, finally arriving in 2012. In 2013 he released *Pride: A Tribute to Charley Pride*, Neal's long-time friend and mentor. 2015 brought the Big Band Standards CD *You Don't Know Me*. Neal has been on 15 USO Tours around the world and continues to say it's one of the achievements he's most proud of. He is also the recipient of multiple Humanitarian awards from

The Academy of Country Music, The Country Radio Broadcasters and The Masonic Grand Lodge. In 2016 Neal has again made a move to continue his patriotic values by reciting the Pledge of Allegiance "Live" on his Facebook page every morning. He's reached millions of viewers all over the country and around the world. Neal still maintains a very busy touring schedule all through the year. Make sure to catch a show when he's near because as Neal says "No two shows are the same!"

**Lindsay Ell**

For rising star Lindsay Ell, her debut album on Stoney Creek Records has been a long time coming ... but you can't rush personal discovery. Sent on a mission to unleash the vibrant, soul-bearing country artist long predicted by fans and critics alike,

Ell's journey is now complete – and she calls the result simply, *The Project*.

Comprised of 12 gripping, heart-on-her-sleeve tracks and produced by Sugarland's Kristian Bush, *The Project* is the musical calling card Ell's been working toward her whole life – from her childhood in Calgary, Alberta; through her time opening shows for blues legend Buddy Guy; and even with attention-grabbing country singles "Trippin' On Us" and "By the Way."

"I feel like I've finally found myself," Ell beams about *The Project*. "I'm a better guitar player, I'm a better singer, I'm a better songwriter. I'm just a different artist, and I've never felt about music the way I do now."

With her long-awaited album debut,



Lindsay Ell has discovered what she was meant for, and who she really is. Her next "project" will be to pass that message on.

In addition, Charlie Chase, longtime co-host of the popular "Crook and Chase" talk show on the Nashville Network will return to anchor the Rehab 2020 host desk. Texas legend Red Steagall will be back along with The Boys in the Bunkhouse for the show. Rion Paige of X-Factor Fame is joining us for her third year. Other "regulars" lined up to appear are Brad Maule (*General Hospital*), Twyla Foreman, Jennifer Smith, and Braid Blanks.

The West Texas Rehabilitation Center relies on its sponsors to help make the telethon a continued success. This year, Capital Farm Credit, Black Plumbing and Maverick Saw Cutting and Core Drilling, RHS Construction, and Ek Dahl Nelson Real Estate are the official corporate partners of the live show. The special tote board, which tallies the night's fundraising total, is sponsored by Decker Capital Partners. The phone bank is sponsored by NTS Communications. Auction sponsor is James Avery. Concession sponsor is Red Chain Feeds. Our check presentation sponsor is Zach, Lou and Robert O. Briley. Host hotel is the MCM Elegante & Suites.

Live coverage of the telethon will be carried on television stations in Abilene, San Angelo, Corpus Christi, Midland/Odessa, Lubbock, Amarillo, Waco/Temple/Bryan, & Lawton, OK. The show will stream live at [WestTexasRehab.org](http://WestTexasRehab.org).

Bids for the annual internet auction of merchandise and services provided by friends and businesses, can be seen at [WestTexasRehab.org](http://WestTexasRehab.org) or by downloading the Handbid app on your phone, searching for Rehab 2020, and registering. Bids will be accepted until midnight on January 18th. These auction items will also be on display at the Abilene Convention Center beginning at 6 pm on the 18th. An auction television show featuring all

items will air in Abilene and San Angelo from 5:30pm to 7pm on the night of the telethon.

*REHAB 2020* is engaging social media, Facebook and Twitter, like never before. We have a special hashtag that we would like you to use when you post about REHAB 2020. It is #WestTexasRehab. Our Instagram is westtexasrehab, our Twitter handle is @WestTXRehab and our Facebook page is West Texas Rehab Center.

The annual telethon and auction raises more than one million dollars to help make it possible for the West Texas Rehabilitation Center to serve more than 650 patients each day regardless of their financial circumstance.

West Texas Rehab was established in 1953 as a private non-profit outpatient rehabilitation center and has become one of the largest, most comprehensive facilities of its kind in the nation. West Texas Rehab, which is beginning its 67th year, operates facilities in Abilene, San Angelo and Ozona. ★





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**CALENDAR of EVENTS** ABILENE DATES, KARLA @ 325.793.3507 / SAN ANGELO DATES, JENIFER @ 325.223.6313

Date	Event
January 18, 2020	50th Annual Rehab Telethon & Auction
February 1-28, 2020 February 2020	Hospice of the Big Country's Hearts Remembered Round Up of the Heart- Breckenridge
March 19, 2020 March 20-22, 2020	Stribling Art Show Extravaganza Preview Party Stribling Art Show Extravaganza
April 2-4, 2020 April 5, 2020 April 30, 2020	Abilene TOP GUN Sporting Clay Shoot Spring Chicken Affair 2nd Annual Hospice of San Angelo's Dancing with the San Angelo Stars
June 13, 2020 June 16, 2020	Hospice of the Big Country Butterfly in the Park Memorial Service Round-Up for Rehab Lamb & Goat Sale
July 2020	Stamford Art Show
August 2020 August 2020	Sonora Sensation Abilene Dinner Show
September 2020 September 17, 2020 September 19, 2020	Round-Up for Rehab Abilene Sale Round- Up for Rehab Producer's Sale San Angelo Frank Caraway's Sporting Clays Classic
October 15, 2020 October 2020	Round-Up for Rehab Pig Sale San Angelo Dinner Show
November 2020 November 5, 2020 November 7, 2020	Sweetwater Shrimp Peel & Auction Hospice of the Big Country Candlelight Memorial Service Ozona Goat Roper's Gala
December 5, 2020 December 12, 2020	Round-Up for Rehab Jackpot Show Big Country Christmas Ball- Snyder

TBD: To Be Decided

All dates subject to change. Please check [WestTexasRehab.org](http://WestTexasRehab.org) throughout the year for updates.



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## CAPITAL WISHLIST

Site	Department	Description	Quote
SA	Audiology	Pneumatic Exam Chair	3,100.00
SA	O & P	New Solid counter tops, 2 solid surface sinks and faucets (plaster room) Replace sink and faucet and counter top (Cast Room)	4,000.00
AB	Hospice	Scoop Mattress (Quantity 15)	2,506.65
SA	IR	Drug Screen Chain of Custody Cabinet	2,210.00
OZ	PT/OT	N-K Delux Electric Hi-Lo Table	2,395.00
AB	Pedi OT	Social Group Room Kitchen Play Set, Switch Music Box, Treatment Card Sets	2,883.32
SA	Adult PT	SportsArt Upright Cycle w/20 Resistance Levels	1,770.00
AB	Pedi PT	Clinton physical Cuff, Weights, Dumbell and Racks	826.68
SA	Adult OT	Lightforce Laser Therapy System	33,500.00
SA	Adult OT	New Whale P5 Portable /include linear & convex probes, trolley cart	17,500.00
Pedi	PT	Therapy/Nesting Bench	2,584.32
SA	O & P	Powered Parallel Bars	4,850.00
SA	Adult ST	Iowa Oral Performance Instrument (IOPI)	2,120.75
AB	Audiology	Vivosonic ABR - Infant hearing evaluation system	19,400.00
AB	Pedi OT	Sensory Quiet Room Equipment- Light Wall Pannels	7,117.75
OZ	PT	Triton DTS Advance Traction Table (Vonco)	9,258.00
AB	Pedi PT	Vital Signs Monitoring System	2,429.68
AB	Pedi OT	Treatment Chairs for food school program	2,421.00
AB	Pedi ST	Green house and supplies for Horticulture Therapy Program	2,357.00
SA	Pacesetter	Elliptical Trainer	2,520.00
SA	Audiology	High HZ Option-HF Tinnitus Evaluation System	1,775.00
AB	Audiology	GSI Tymstar	10,345.00
AB	Adult PT/OT	OCCCUPRO FCE Software	13,225.00
AB	Pacesetter	Fitness Equipment for Pacesetters Program 27	17,500.00
SA	Adult OT	Stereo Optical Vision Screener 28	7,225.00
AB	Adult PT	Matrix Climbmill	4,118.00
SA	Pedi	Cabinets (13) for Speech Rooms and Hallways	2,599.87
SA	Adult PT	Natus Balance Master	109,436.25
SA	Adult PT/OT	Lympha Touch Therapy Device-Cupping System	5,298.00
AB	Adult PT/OT	Lympha Touch Therapy Device-Cupping System	5,298.00
AB	Audiology	GSI Tymstar	10,345.00
AB	Adult PT/OT	Bioness Knee and Foot Drop FES Rehab system	44,740.00
AB	Adult PT/OT	Bioness Hand Rehabilitation System	50,272.00
<i>Total to Fund</i>			<b>\$397,582.27</b>



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WTRC patients in front of Cattleman's Round-Up Wall in the early 1970's



Bill Snowden with Troy Aikman at REHAB '91

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from our team to you!*



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