WEST TEXAS REHABILITATION CENTER



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SSUE NO. 21 • SEPTEMBER, 2023



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LEADERSHIP letter By STEVE MARTIN, PRESIDENT & CEO



You have probably heard it said, "The more things change, the more they stay the same." At West Texas Rehabilitation Center, honoring our tradition and history, while ALWAYS striving to move the organization successfully forward can be challenging. This is never more apparent than when folks leave West Texas Rehab who have a long history with the organization. In the last year alone, we have had folks retire or pass on who have had tenures of 43 years, 46 years, and 50 years of dedicated service to this AMAZING organization.

We remain ever mindful of our need to continue the legacy that has been established through the years. On September 8, 2023, our Chief Financial Officer, Tim Childs, will retire after 26 years of service to West Texas Rehab. Tim and his wife, Julie, have been intimately involved in the lives of many of our patients in their time here. Tim has been instrumental in helping lead our organization through some of our most successful years, including

TABLE of CONTENTS

- 2 Leadership Letter
- 3 Foundation Spotlight
- 5 Patient Spotlight
- 8 Volunteer Spotlight
- 13 Equipment Wishlist

the last 5 years, where we have seen more patients than at any other time in our history.

Tim's legacy to West Texas Rehab will be the tremendous impact he has had on our employees, our patients, and their families toward bettering their lives. We wish him all the best in his retirement. In the spirit of continuing to move our organization forward, we are proud to announce the hiring of Matt Butler as the new Chief Financial Officer. Matt received his undergraduate degree from Texas Tech University in Lubbock, Texas and his Master of Science in Finance from the University of Tampa in Tampa, Florida. He most recently served as the Chief Financial Officer for Texoma Health System in Denison, Texas and, prior to that, Matt served as the Chief Financial Officer for Abilene Regional Medical Center. He has a great deal of familiarity with Abilene and our surrounding communities.

Of course, we cannot talk about moving the organization forward without giving you an update on the capital campaign for our new facility. We announced the plan for this WONDERFUL project at telethon and continued through design and development of the interior and exterior plans for the facility this spring. We began fundraising for this 133,000 square foot \$77 million facility on May 1, 2023. As of September 6, we have \$24,508,905 in commitments which is 32% of the project. We are well on our way to reaching our goal, but we NEED your help. If you have already committed to support our campaign, thank you so much.

On the Cover 2023 64th annual Round-Up for Rehab

- 14 Calendar of Events
- 15 Hospice Spotlight
- 19 Department Spotlight

This project means the world to our patients and their families and to our employees. If you have not committed, or you would like to talk to someone about what this project will mean to our community and the surrounding communities we serve and how you can get involved, please email me directly at smartin@wtrc.com, call me at 325.793.3523, or visit our website at WestTexasRehab.org for more information and to stay updated on our progress.

This is our chance to honor those who came before us and establish our LEGACY for generations of future patients - many of whom are not even born yet.

As Winston Churchill said, "We make a living by what we get, but we make a life by what we give."

Thank you to ALL of you for what you do to improve the quality of life of the 800 patients who walk through the doors of West Texas Rehab each day.

God bless you and your families, West Texas Rehab, our communities, the GREAT state of Texas and our AMAZING country!



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FOUNDATION *spotlight* by JASON WEAVER, VP DEVELOPMENT, WTRC FOUNDATION



PHILANTHROPY

There are so many ways that friends of West Texas Rehab can contribute to our new campus in Abilene. In our last *Round-Up* issue, we talked about using long-term appreciated assets. In this issue, we'll look at giving to our building campaign using a donor-advised fund.

There are a few potential advantages to using a donor-advised fund to support a capital campaign. **First**, you can get an immediate tax deduction for your contribution to the donor-advised fund. **Second**, you can have more control over how your money is used. And **third**, you can spread out your giving over time, which can be helpful if you're not able to make a large donation all at once. Donor-advised funds are flexible and tax-efficient ways to give.

Here are the main steps on how to use a donor-advised fund to support a capital campaign:

Do your research and **choose a donor-advised fund sponsor** who's a good fit for you.

Open a donoradvised fund account. This is usually simple and straightforward.

Make a

contribution to your donoradvised fund. You can contribute cash, securities, or other assets to your

donor-advised fund.

Recommend a grant to the capital campaign. After the grant is reviewed and approved by the donor-advised fund sponsor, the funds will be transferred to the charity.

FYI: While there are many local, regional, and national organizations who could serve as the sponsor for your donor-advised fund, if you're looking for a donor-advised fund sponsor in Abilene, you might consider the Community Foundation of Abilene. And in San Angelo, you might consider the San Angelo Area Foundation.

Here are some additional tips for using a donor-advised fund to support a capital campaign:

Start early. Capital campaigns can take years to complete, so it's important to start early. This will give you time to make a significant contribution and help the charity reach its fundraising goal. **Be flexible**. The needs of a capital campaign can change over time, so be flexible with your giving. If the charity needs to adjust their plans, you may need to adjust your grant recommendation as well.

How do I get started?

Contact one of our Foundation officers listed below. They would love to visit with you and your advisers about making grant recommendations from your donor-advised fund or other ways you can support West Texas Rehab's Abilene building campaign.

Chad Hirt at (325) 793-6415 chirt@wtrc.com

Jason Weaver at (325) 793-3435 jweaver@wtrc.com

Chuck Rodgers at (325) 793-5475 crodgers@wtrc.com





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Ekdahl Nelson makes real estate happen. We provide world class service by living out our company's core values. We thrive on providing the extra service that others will not. We work harder to understand your desires and get the deal closed.



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PATIENT *spotlight* by suzanne click, director of marketing, san angelo



Brenda Tidwell

Brenda Tidwell married her sweetheart when she was 17 years old. He was 19. For 64 years they have been together and for roughly 60 out of those 64 years they have been ranching in Coke County. "We ranch charolais and angus cows. It's work, but it's a great life," Brenda explains. And anyone that knows anything about ranching knows it is just that...hard work!

About 2 years ago, Brenda started experiencing pain in her right knee. "It has been bothering me for some time but I kept putting off getting it seen about. I finally had enough and went and saw an orthopedic surgeon. It was time for a knee replacement," Brenda says.

On January 24th, Brenda had knee replacement surgery. On January 26th, she came to West Texas Rehabilitation Center to start physical therapy with Gina Karr, PT, DPT. "I knew when I first met Brenda that she was going to be a star. She was motivated and ready to go.

It is important to start therapy as soon as possible after surgery to have the most successful recovery. I asked Brenda about her goals. We put a treatment plan together and got to work," Gina explains.

"When Gina asked me on my first day what my number one goal was at the conclusion of therapy I told her to be able to get out of the truck and open the gates on the ranch because my husband was ready for me to start helping again," Brenda laughs. The ranch keeps Brenda and her family busy so being active was a priority.

Gina has been working with Brenda for about 6 weeks. "I saw Gina at my appointments one on one and that was very important to me. It has been a great experience and I am very grateful and pleased with the care," Brenda says.

On her last day of therapy, Gina put

Brenda through a series of walking tests to assess how she is moving and progressing. She went from sitting to standing and then walking. Her range of motion, timing and balance greatly improved. Brenda was stronger and more confident!

At West Texas Rehab, we recognize that every patient's story will be different, every patient's goals will be different, and every patient's motivation will be different. Our job is to personalize a program that is achievable and fulfilling.

For Brenda, her goal was to get back to the ranch and open that gate!

Just let your husband of 64 years get the gate, Brenda.

You've earned it!





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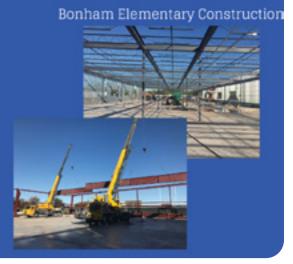
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REVIN PETERS RADIANT LIFE CHURCH, PASTOR



VOLUNTEER spotlight by suzanne click, director of marketing, san angelo



Sterling Fryar

Sterling Fryar grew up in San Angelo and graduated from Wall High School. He attended college at Texas A&M University. Ozona was a second home for him where he spent lots of time on the ranch with his family. He is married to Jessica, and they have two children, Sloan and Charlie.

Sterling first got involved with West Texas Rehabilitation Center through the influence of his family, specifically his grandmother, the late Jo Davidson. She was very invested with West Texas Rehab and had Sterling volunteering at a young age, attending fundraising events, and learning the value of giving back.

One of Sterling's very first memories of his involvement with West Texas Rehab was the Spring Chicken Affair. He and a friend had volunteered for the event, but they showed up late. Sterling recalls, "My grandmother, who never got mad, was so upset with me. I realized then that her disappointment was so much more than me showing up late. This organization meant so much to her and I was being disrespectful to her and to those that were giving their time to something bigger. It was an eye opener that I needed to be better."

Sterling now wears many hats as a volunteer and donor for West Texas Rehab. He is a board member, a superstar dancer and fundraiser for Dancing with the San Angelo Stars, participates in the Frank Caraway Memorial Clay Shoot as a committee member and shooter, volunteers his time at our Rehab Summer Camp, and supports the Goat Ropers Gala in Ozona...just to name a few. "I want to be an example for my children because we are only as good as what we leave behind." Sterling

Sterling was also involved in the recent Ozona remodel project. He was instrumental in the fundraising efforts with connections he had in the community. "At the open house following the remodel, I discovered that my grandmother spearheaded the original construction and opening of the Ozona Campus in 1998. It is such an honor to be a part of a project she started. I think she would be proud." Sterling expresses.

explains.



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Sterling is passionate about helping others and is an inspiration to anyone thinking about getting involved as a volunteer and donor. "I have



STERLING PERFORMING WITH HIS PRO, SKYLAR LAYMAN AT THE 2022 DANCING WITH THE SAN ANGELO STARS

experienced the reach of West Texas Rehab personally. We called in Hospice of San Angelo for my grandmother. Yes, the same grandmother who introduced me to West Texas Rehab.

Hospice allowed us to focus on the time we had left with her while they focused on her comfort and care. I also

> have many friends who have used the pediatric services for their children and have life changing stories to tell. So, it has truly come full circle for me. What an honor to get to volunteer and give to a place that I have personally been touched by!" Sterling exclaims. Thank you, Sterling, for continuing the legacy your grandmother started!



Hospice of the Big Country needs You!!

Just an Hour a Week can make a difference

Contact Karen Hunnicutt (325)793-5450

khunnicutt@wtrc.com



BIG COUNTRY





Though you still have many shopping days between now and December 24th,

to West Texas Rehabilitation Center's offer to handle all the logistics of sending your Season's Greetings to family, friends, and business customers!

We'll inscribe the following message on your card(s) of choice:

West Texas Rehab is delighted to offer you this "no hassle" way of sending a meaningful season greeting to your friends, family, and business associates. The amount of your donation over the actual cost of cards and postage is taxdeductible. We greatly appreciate your support of West Texas Rehab! Your donation will help us continue to provide out-patient rehabilitative care to more than 800 patients each day. Thank YOU!

5 cards - \$40 10 cards - \$75 25 cards - \$150 50 cards - \$275 75 cards - \$400

To place your order, simply complete and return the form on the back of this page and we'll do the rest! Our goal is to mail your cards shortly after Thanksgiving, so please get your order to us as soon as possible so we can accomplish imprinting and addressing in a timely manner.

Now is the time to say "YES"

A GIFT HAS BEEN MADE IN YOUR NAME TO WEST TEXAS REHABILITATION CENTER BY (Your name inscribed here)

In addition to personalizing your cards, we'll neatly hand address them from the mailing list YOU provide, then stamp and mail them for you. If you want to include a personal note, we will deliver them to you ready for mailing.

The pricing is as follows:

- 100 cards \$475
- 150 cards \$650
- 200 cards \$750
- 250 cards \$850
- 350 cards \$1000

Option 1: Sleigh Ride Wishing you the Magic of Christmas this season and throughout the New Year Merry Christmas	Option 2: Ped May the Christmas home with joy, your and your life with cert texes detended toon 1: Sleigh Ride Wour name into Wour name into Order Form	Season fill your heart with love, th laughter" Option 2: Pediatric Art	And the series of the series o
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FOR CREDIT CARD PAYMENT:			1st Community Federal
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	Card Number Security Code (3 or 4 digit number on	back of card)	4720 Grape Creek Rd, San Angelo, TX 76903
	Contact Stacy Greaves - San Angelo (325		line in the second s
rm.	West Texas Rehabilitation Center 3001 S. Jackson, San Angelo, TX 7690		Doors Open - 6:00pm Dinner Starts - 7:00pm

3001 S. Jackson, San Angelo, TX 76904





EQUIPMENT wishlist

CALENDAR of events abilene dates, karla @ 325.793.3507 / SAN ANGELO DATES, STACY @ 325.223.6311

Description	Quote	Date	Event
Abilene Adult Therapy- OCCCUPRO Function Capacity Evaluation Software:	\$13,225	September	
Abilene Adult Therapy- Biodex Balance System for Vestibular Treatment:	\$12,665	1st	Round-Up Lunch Ballinger, First Na
Abilene Pacesetters- Fitness Equipment for Pacesetters Program:	\$5,525	7th	HOBC's Golf Tournament - Fairway
San Angelo Adult Therapy- Stereo Optical Vision Screener for Driving Evals:	\$9,000	12th	Round-up for Rehab - Abilene Sale
Abilene Pediatrics- Neofect Digital Smart Pegboard:	\$3,663	16th	Frank Caraway Sporting Clays Clas
San Angelo Adult Therapy- Lightforce Laser Therapy System:	\$49,900	21st	Round-Up Bob's Supper Christoval
Abilene Adult Therapy- BTE Work Simulator:	\$45,357	28th	Round-Up Sale – San Angelo Produ
Abilene Adult Therapy- Genu Ease Total Knee Replacement Recovery System:	\$8,190	30th	C.A.S.T – Twin Buttes - San Angelo
Abilene Pediatrics- VitalStim Plus Dysphagia Therapy Unit for Speech Therapy:	\$2,499	Ostahaa	
Abilene Pediatrics- Prentke Romich-Saltillo Speech Generating Device:	\$8,423	October 1st 4th	Cotton Round-Up - San Angelo, TX Round-Up Coleman Sale - Colemar
San Angelo Hospice- High Flow Oxygen Concentrator (2):	\$2,420		
Abilene Employer Services- Pulmonary Function Test Equipment:	\$2,084	5 th	Round-Up Dudley Brother - Coman
Ozona Adult Therapy- Bloodflow Restriction Therapy Unit:	\$5,775	9th	Round-Up Pig Sale- Nolan County
Abilene Adult Therapy- Sit 2 Stand Squat Assist Trainer:	\$6,671	10th	Powell Bull Sale
San Angelo Audiology- Verifit Skull Stim for bone conducting hearing aids:	\$3,105	11th	R.A Brown Bull Sale-Throckmorton
Abilene Pediatrics- Green house and gardening table for Horticulture Therapy Program:	\$8,810	12th	Fall Rehab Dinner Show - San Ange
Abilene Pediatrics- Annabel Tipi Trellis for Horticulture Therapy:	\$1,200	21st	Ozona Goat Roper's Gala
Abilene Pediatrics- Enabling Devices Switch Assessment Kit:	\$1,446	21st	Round-Up for Rehab - Stephenville
Abilene Pediatrics- Enabling Devices Kit for the visually impaired:	\$2,957		
Abilene Pediatrics- Just for Kids whole body vibration plate:	\$4,250	November	
Abilene Pediatrics- Blazepods x 12:	\$800	2nd	Quilt Brunch - San Angelo @ 10:30a
Abilene Pediatrics- Grip Pro Upper Extremity Training Equipment:	\$2,800	3rd	Quilt Brunch - Abilene
Abilene Adult Therapy- Easy Stand Evolv Standing System:	\$5,206	TBD	Hospice of the Big Country Candlel
San Angelo Adult Therapy- Lympha Touch Therapy Device:	\$5,784	7th	Round-Up Sweetwater Shrimp Pee
Abilene Adult Therapy- Pathway Ultrasound Imaging System for Women's Health:	\$7,450	9th	HOSA Candlelight @ 6:00 pm. –Chr
San Angelo Adult Therapy- ReWalk Myocycle Exercise System for Spinal Cord Injuries:	\$33,650		
Abilene Pediatrics- Pedi Therapy Equipment- Peanut ball, Resistance Tunnel NMES Unit:	\$3,000	December	
San Angelo Adult Therapy-Tactile Lymphedema Pump:	\$9,510	2nd	Round-Up Danny Isbell Memorial R Expo Center - Abilene , TX
Ozona Adult Therapy- NexStride Gait System:	\$500	7th	HOSA Light Up a Life @ 6:00pm - Ca
Abilene Employer Services- Team Trainer:	\$1,950	9th	Round-Up Big Country Christmas B
San Angelo Adult Therapy- 3 Section Hi-Lo Treatment Table:	\$3,140	7.11	
San Angelo Pediatrics- Supplies for breastfeeding room for breastfeeding program:	\$1,770	January, 2024	
San Angelo Pediatrics- Feeding program supplies:	\$780	27th	Rehab 2024 Telethon/Auction – Abi
Ozona Adult Therapy- NexStride Gait System	\$500		
	\$30,605	($) \cap \cap \cap$
Ozona Adult Therapy- LiteGait & LiteGait Treadmill for Unweighted Gait Training	\$30,005	2	2023
To donate a piece of equipment from this wishlist, visit:			TBD: To Be Decided. Due to COVID-19, all c

westtexasrehab.org/general-donation/wish-list-equipment



National Bank of Ballinger, 11:30am ay Oaks Golf Course - Abilene - 8am tee off ale-Abilene Livestock Auction lassic - San Angelo Claybird Association, 9am val/Eldorado, Bar H Ranch (Helmers), 6pm oducers elo

ТΧ nan, TX @11am nanche, TX ty Coliseum, Sweetwater, TX

ton, TX ngelo

ille Cattle Co. @ 11am

30am

lelight Memorial Service, Logsdon Chapel HSU, 6:30 pm Peel – Nolan County Annex – Sweetwater @ 6pm hristian Fellowship Baptist Church- San Angelo

Rehab Jackpot Show, Taylor County

· Cactus Hotel Lobby – San Angelo s Ball – Snyder Coliseum Doors open @7pm

Abilene Convention Center @ 6pm

TBD: To Be Decided. Due to COVID-19, all dates are subject to change. Please check our website at West TexasRehab.org for all updates.



HOSPICE spotlight





We Honor Veterans

Every year, the West Texas Rehab Center's Hospice of the Big Country holds a dinner for Big Country Veterans - usually focused on those that served in specific conflicts. This year, they opened that dinner to include all veterans who have served in any capacity.

"While our veterans are still here, let's



"You are appreciated, you are loved, and your service mattered. From the staff and volunteers of the Hospice of the Big Country, we'd like to say thank you, God bless you, and God bless the United States of America," expressed Lane. Lane and her staff would like to take the time now to thank these brave men and women. Especially considering that we lose so many of them with each passing year, making now the best time to show our gratitude no matter how big or small their sacrifice.

HOSPICE spotlight





Each year, West Texas Rehab's Hospice of The Big Country invites loved ones to honor and remember loved ones through their Butterfly in the Park Memorial Service.

The service features a butterfly release followed by a picnic lunch.





The 'We Honor Veterans' and 'Butterfly Release' events utilize volunteers that are vital to the credentialing of Hospice. Their service is very much appreciated on a daily basis, whether that's sitting with patients or helping with the pet therapy program.

If you're interested in becoming a volunteer, please contact Karen Hunnicutt at 325-793-5450 for more information.

The next training will take place in October, 2023.



Read about Walker on

Attention All Quilters

Telethon is January 27, 2024 and WTRC is already gearing up! Both Abilene and San Angelo will be holding our annual brunches, dates and times listed below.

Quilt or Afghan donation cut off for Telethon will be January 5, 2024. This cut off date ensures a spot in our live auction show. Bring your quilt or afghan donations, visit with old and new friends, and let us admire vour creation!

San Angelo Quilt Brunch

Thursday November 2, 2023 at 10:30am WTRC Conference Center 1925 University Ave. San Angelo, Tx 76904

Abilene Quilt Brunch

Friday November 3, 2023 at 10:30am WTRC Boardroom 4601 Hartford St. Abilene, Tx 79605



DEPARTMENT spotlight





Tell Your Texas State Senator and State Representative to Support Cranial Remodeling Orthoses in 2025

For thousands of families across Texas, cranial remolding orthoses (CROs) can provide life-changing care when their infant is diagnosed with deformational plagiocephaly, a condition in which the skull flattens due to factors including prolonged labor, forces in utero, neck stiffness, or torticollis. These custom devices work to reshape the head to approximate a "normal" appearance in moderate to severe cases, and in cases where conservative treatments (head repositioning, therapy, etc.) are ineffective. Coverage is not currently required in Texas, forcing parents and families to choose between incurring prohibitive out-of-pocket costs or watching their infant develop abnormally. HB 134 would have addressed the lack of access by requiring Medicaid and CHIP to fully cover CROs, ensuring that infants in need of this treatment can live the life they deserve.

Our Texas legislature had the opportunity to fund CROs during this legislative session. The bill successfully passed the House floor but failed to make it out of the Senate Health and Human Services committee to be voted upon.

Despite the lack of funding, West Texas Rehab has provided this service to over 131 infants in 2022 and are well on the way to surpassing that number in 2023. Please help by contacting your representatives to ensure this issue is brought up again during the 2025 Texas legislative session.









West Texas Rehabilitation Center is launching their *"Building for Patients: Today. Tomorrow. And Always. Capital Campaign.*" The mission of this campaign will be to raise funds needed to build a new state of the art, all encompassing, clinical facility in Abilene, Texas. The new,133,000 square foot facility will promote the highest quality patient care, improve efficiencies and safety for their ever-growing patient population, ensure cost savings, improve access and visibility to care with a prime, more accessible location, and enhance the overall morale of all who enter our doors.

The project includes moving our Abilene campus to land located at the corner of Covenant and Memorial Drive, north of Sam's Club. Our current buildings consist of 80K SF. The new building will have expansion capability of 40K SF as we continue to grow. The WTRC campus will be located on 16 acres with a total capital investment of \$77M. The building will house our corporate offices, patient and financial accounting departments, along with all of our therapy services to include pediatric and adult physical therapy, occupational therapy, speech therapy, hospice, audiology, orthotics, prosthetics, and employer services.

For more information, please scan the QR code to see additional photos and a breakdown of the total cost, along with updates on our fundraising efforts.







6:30-7:30

Stephens Family Center for Hospice Excellence 1933 University Ave San Angelo, TX 76904

FMI contact Bereavement Services at 325-658-6524 "A bereavement program just for children"



West Texas Rehabilitation Center 4601 Hartford Abilene, Texas 79605





We are almost 1/3 of the way funded and every dollar counts. If you feel led, please scan the QR code below or go to WestTexasRehab.org to learn more about our Abilene Building Capital Campaign.