

"life after loss"

is a **FREE 5-week program** for those
grieving from the loss of a loved one.

SESSION TOPICS

- Do Others Feel Like This?
- The Process of Grief, Part 1
- The Process of Grief, Part 2
- Working Toward a New Normal
- Caring for Yourself and
Special Occasions

With supporting materials provided by:
The American Cancer Society

Facilitated by: Burt Williams,
Hospice of the Big Country
Bereavement Coordinator

For questions, please call
(325) 793-5450



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