



SPEAK OUT!® & The LOUD Crowd®

West Texas Rehabilitation Center in San Angelo is pleased to offer a two-part speech therapy program to help individuals with Parkinson's regain and maintain effective communication: SPEAK OUT!® followed by The LOUD Crowd®.

SPEAK OUT!® places emphasis on speaking with intent and converting speech from an automatic function to an intentional act. Together, patients and their speech-language pathologist work through a series of speech, voice, and cognitive exercises outlined in a SPEAK OUT!® Workbook.

Upon completion of SPEAK OUT!®, patients transition to The LOUD Crowd®. This maintenance program consists of weekly group sessions led by a speech-language pathologist. The SPEAK OUT!® exercises are performed, and group members provide support, encouragement, and accountability to one another.

Participation in The LOUD Crowd®, along with daily home practice and six-month re-evaluations, has been shown to help patients maintain their communication skills throughout the progression of Parkinson's. For more information about SPEAK OUT!® and The LOUD Crowd® or to schedule a speech evaluation, please call the speech-language pathology department at 325-223-6330.

